Clinical Quality Working Group

Diabetes & Team-Based Care
Health Care Team for People With Diabetes

- Pharmacists
- Podiatrists
- Optometrists
- Dental care professionals
- Primary care physicians
- Physician assistants
- Nurse practitioners
- Dietitians
- Certified diabetes educators
- Community health workers
- Mental health professionals
Visions and Model for Diabetes Care

- Prevention and Health Promotion
- Primary Health Care
- Vision
- Community-Based Non-Clinical Services
- Specialist Team Care
- Health IT Support
- QI/QA
Diabetes Team-Based Care

• Improving the patient experience of care (including quality and satisfaction)
• Improving the health of populations
• Reducing the per capita cost of health care
Team Care Approach for Diabetes Management

• Controlling their ABCs (A1C, blood pressure, cholesterol, and smoking cessation).
• Following an individualized meal plan.
• Engaging in regular physical activity.
• Avoiding tobacco use.
• Taking medicines as prescribed.
• Coping effectively with the demands of a complex chronic disease
Key Messages All Health Care Providers Can Reinforce

• Emphasize the importance of metabolic control and the control of other cardiovascular risk factors such as the ABCs.
• Promote a healthy lifestyle that includes physical activity, healthful eating,
• and coping skills.
• Explain the benefits of diabetes comprehensive team care.
• Recommend routine checkups to prevent complications: a dental exam, a comprehensive foot exam, and a complete dilated eye exam.
• Reinforce self-exams for foot care and dental care, and other as appropriate.
• Recognize the danger signs for foot and dental problems and seek help from a health care provider.
• Promote the pharmacist’s role in drug therapy management.
Major Barriers to Optimal Care

- Fragmented delivery system
- Lacks of clinical information capabilities
- Duplicate services
- Poorly designed to coordinate the delivery of chronic care