

# Clinical Quality Working Group

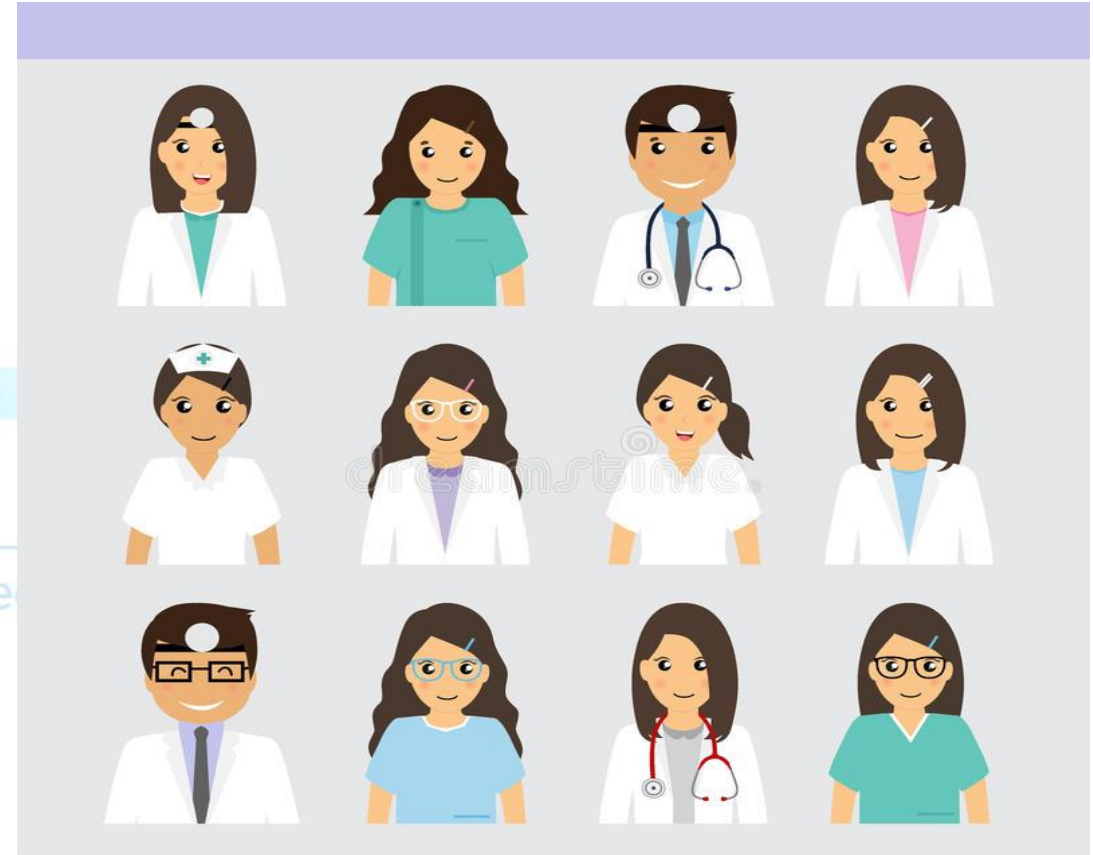
Diabetes & Team-Based Care

NCHPPA  
National Center for Health in Public Housing

# Health Care Team for People With Diabetes

- Pharmacists
- Podiatrists
- Optometrists
- Dental care professionals
- Primary care physicians
- Physician assistants
- Nurse practitioners
- Dietitians
- Certified diabetes educators
- Community health workers
- Mental health professionals

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# Visions and Model for Diabetes Care

- Prevention and Health Promotion
- Primary Health Care
- Vision
- Community-Based Non-Clinical Services
- Specialist Team Care
- Health IT Support
- QI/QA

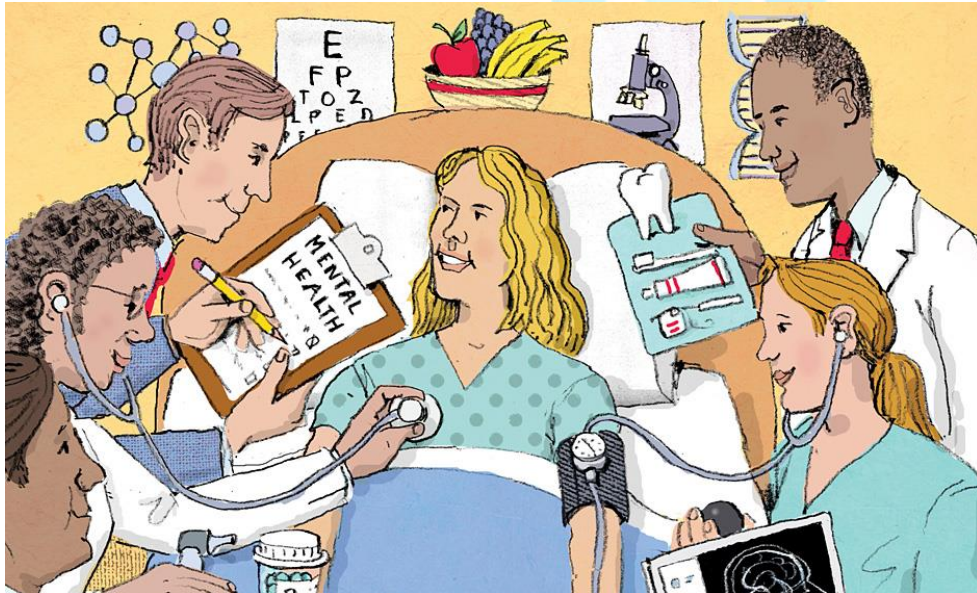
**Normal Retina**



**Diabetic Retinopathy**

# Diabetes Team-Based Care

- Improving the patient experience of care (including quality and satisfaction)
- Improving the health of populations
- Reducing the per capita cost of health care



Health in Public Housing

# Team Care Approach for Diabetes Management

- Controlling their ABCs (A1C, blood pressure, cholesterol, and smoking cessation).
- Following an individualized meal plan.
- Engaging in regular physical activity.
- Avoiding tobacco use.
- Taking medicines as prescribed.
- Coping effectively with the demands of a complex chronic disease



# Key Messages All Health Care Providers Can Reinforce

- Emphasize the importance of metabolic control and the control of other
- cardiovascular risk factors such as the ABCs.
- Promote a healthy lifestyle that includes physical activity, healthful eating,
- and coping skills.
- Explain the benefits of diabetes comprehensive team care.
- Recommend routine checkups to prevent complications: a dental exam, a
- comprehensive foot exam, and a complete dilated eye exam.
- Reinforce self-exams for foot care and dental care, and other as appropriate.
- Recognize the danger signs for foot and dental problems and seek help from
- a health care provider.
- Promote the pharmacist's role in drug therapy management.

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# Major Barriers to Optimal Care

- Fragmented delivery system
- Lacks of clinical information capabilities
- Duplicate services
- Poorly designed to coordinate the delivery of chronic care

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