

The Smoking Ban in Public Housing: How Health Centers and Public Housing Authorities are Working Together to Stop Smoking in Public Housing Communities

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Presenter Disclosures

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- (1) The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:**

No relationships to disclose

National Center for Health in Public Housing



Increased Access + Quality of Care → Improved Health Outcomes

Capacity Building For Health Centers Serving Residents of Public Housing

Training & Technical Assistance

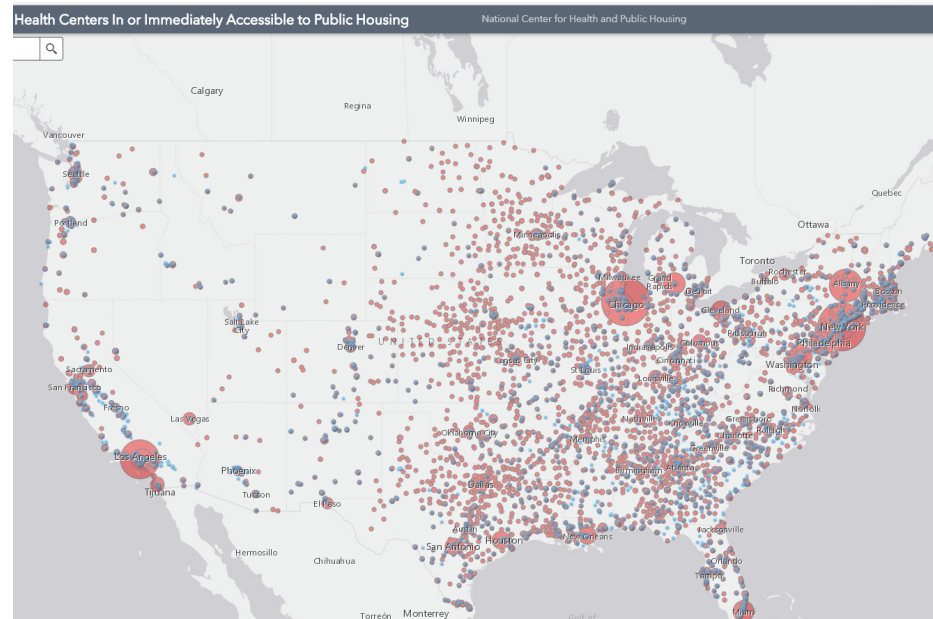
Research

Outreach and Collaboration

The National Center for Health in Public Housing (NCHPH), a project of North American Management, is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U30CS09734, a National Training and Technical Assistance Cooperative Agreement (NCA) for \$608,000, and is 100% financed by this grant. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

Health Centers near Public Housing

- 1,400 Federally Qualified Health Centers (FQHC)=26 million
- 341 FQHCs In or Accessible to Public Housing= 2.7 million patients
- 105 Public Housing Primary Care (PHPC) = 609,000 patients



www.nchph.org

Public Housing Primary Care (PHPC)

- PHPCs have been serving public housing residents for over 25 years
- Public housing means agency-developed, owned, or assisted low income housing, including mixed finance projects, but excludes housing units with no public housing agency support other than section 8 housing vouchers.
- Existing relationships with Public Housing Authority (PHA)

HUD Final Rule Banning Smoking

- Requires all Public Housing Agencies (PHAs) administering low-income, conventional public housing to initiate a smoke-free policy.
- Prohibits the use of tobacco inside or within 25 feet outside of the buildings

The screenshot displays the Federal Register page for the rule 'Instituting Smoke-Free Public Housing'. The page includes the following information:

- FEDERAL REGISTER**: The Daily Journal of the United States Government.
- Rule**: Indicated by a circled 'R' icon.
- Instituting Smoke-Free Public Housing**: The title of the rule.
- A Rule by the Housing and Urban Development Department on 12/05/2016**: The date and department.
- PUBLISHED DOCUMENT**: A section containing:
 - AGENCY:** Office of the Assistant Secretary for Public and Indian Housing, HUD.
 - ACTION:** Final rule.
 - SUMMARY:** This rule requires each public housing agency (PHA) administering public housing to implement a smoke-free policy. Specifically, no later than 18 months from the effective date of the rule, each PHA must implement a "smoke-free" policy banning the use of prohibited tobacco products in all public housing living units, indoor common areas in public housing, and in PHA administrative office buildings. The smoke-free policy must also extend to all outdoor areas up to 25 feet from the public housing and administrative office buildings. This rule improves indoor air quality in the housing; benefits the health of public housing residents, visitors, and PHA staff; reduces the risk of catastrophic fires; and lowers overall maintenance costs.
- DOCUMENT DETAILS**: A sidebar containing:
 - Printed version:** PDF
 - Publication Date:** 12/05/2016
 - Agency:** Department of Housing and Urban Development
 - Dates:** Effective date February 3, 2017.
 - Effective Date:** 02/03/2017
 - Document Type:** Rule
 - Document Citation:** 81 FR 87430
 - Page:** 87430-87444 (15 pages)
 - CFR:** 24 CFR 965, 24 CFR 966

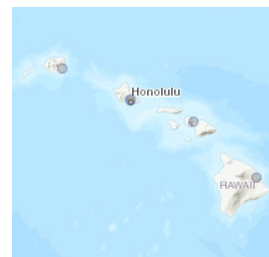
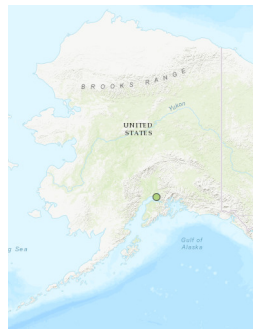
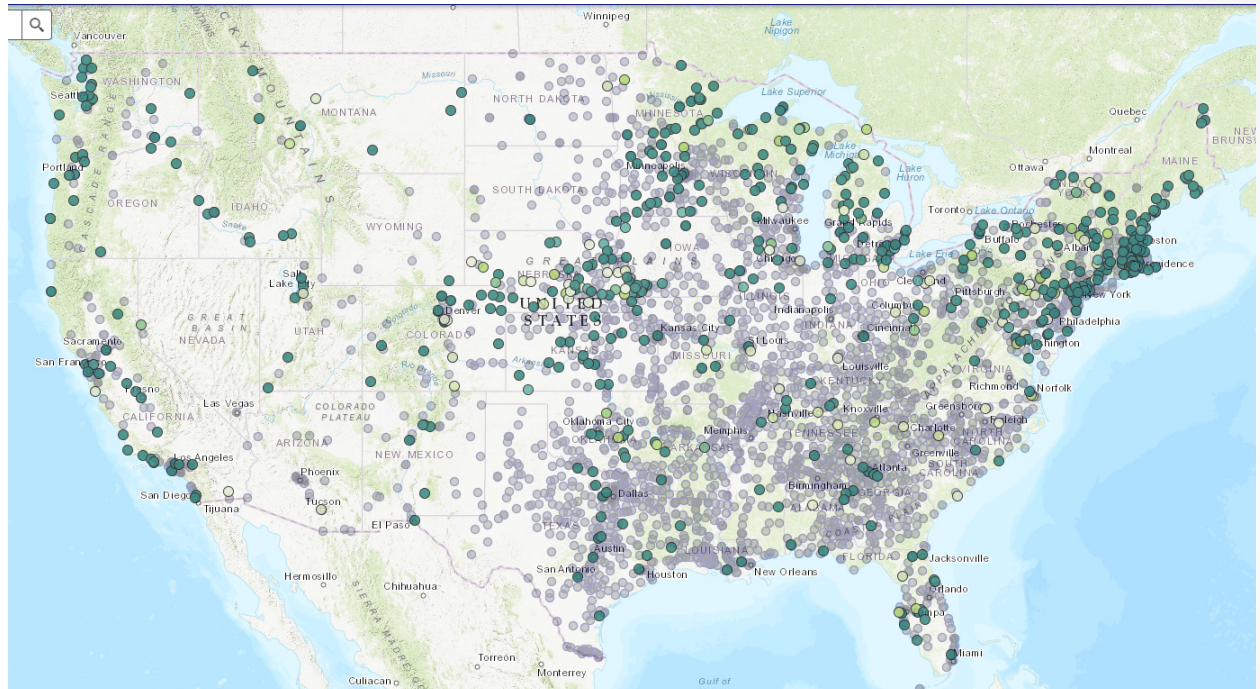
Public Housing Authorities that contain Smoke-Free Units

600 PHAs and Tribally Designated Housing Entities (TDHEs)

228,000 public housing units currently smoke free

940,000 public housing units will become smoke free

500,000 units inhabited by elderly residents and 760,000 units with children



A Health Picture of HUD-Assisted Adults, 2006-2012

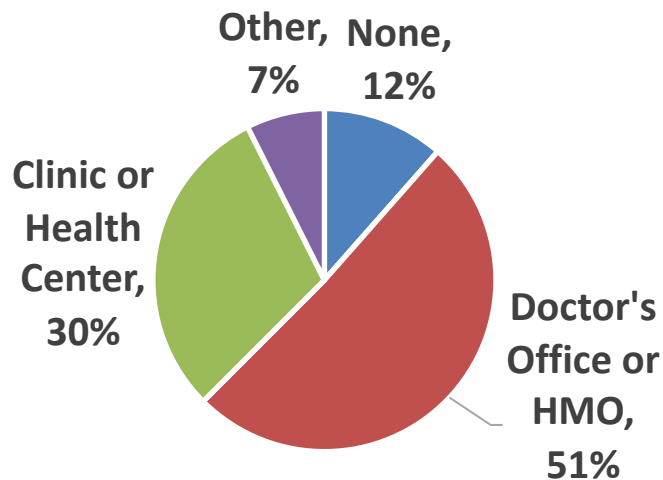


Adults in HUD-assisted housing have higher rates of chronic health conditions and are greater utilizers of health care than the general population.

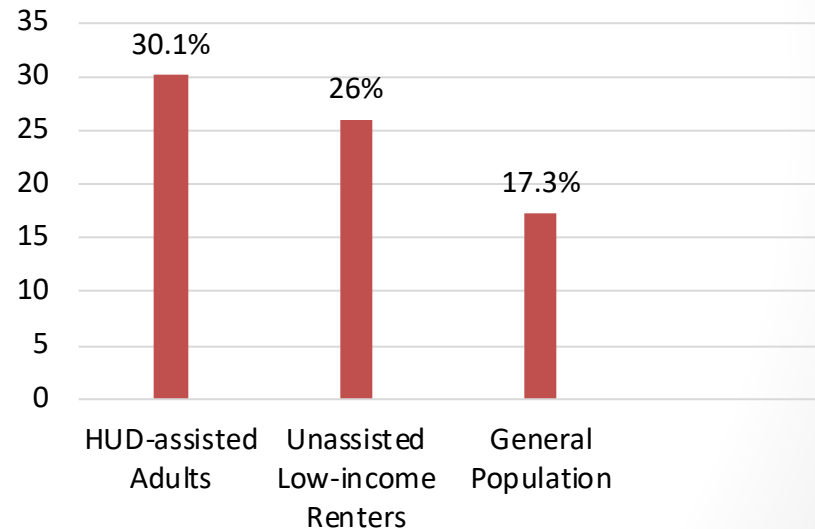
- 35.8% are in fair or poor health vs. 13.8% of other adults
- 71% are overweight or obese vs. 64% of other adults
- 61% have a disability vs. 35.4% of other adults
- 17.6% have diabetes vs. 9.5% of other adults
- 33.5% are current smokers vs. 22% of other adults
- 13.6% have COPD vs. 6.3% of other adults
- 16.3% have asthma vs. 8.7% of other adults

Source of Care

Usual Source of Care for HUD-assisted Adults, 2006-2012



Percentage of Adults who Reported Usual Source of Care as Clinic or Health Center, 2006-2012



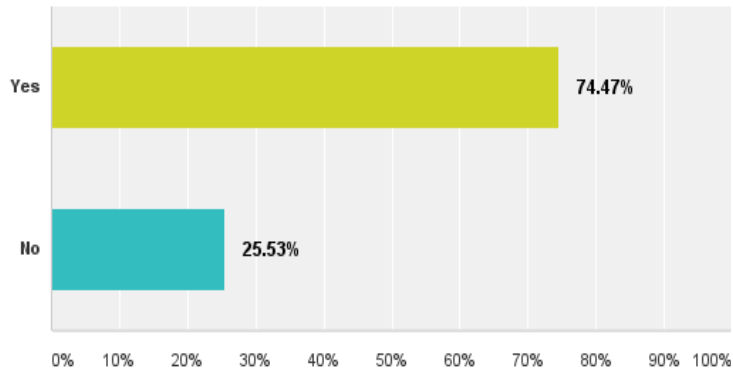
Source: A Health Picture of HUD-Assisted Adults, 2006-2012

Collaboration between Health Centers and Public Housing Authorities

64% of all Health centers in or accessible to public housing have collaborative agreements with a PHA

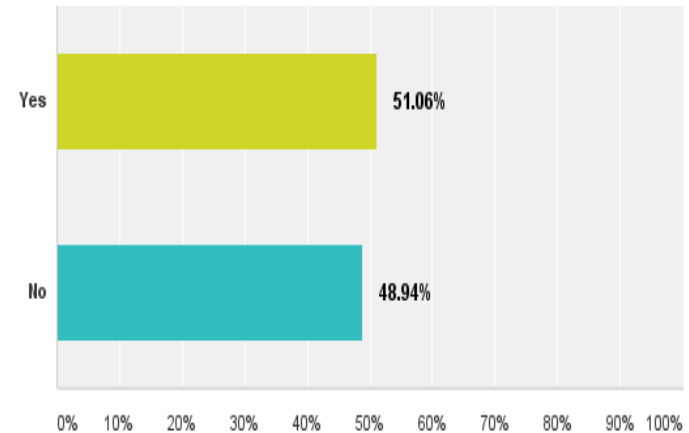
Q43 Are you familiar with a new HUD rule prohibiting lit tobacco in all living units, outdoor areas (25 feet from the housing) and indoor common areas in public housing?

Answered: 47 Skipped: 14



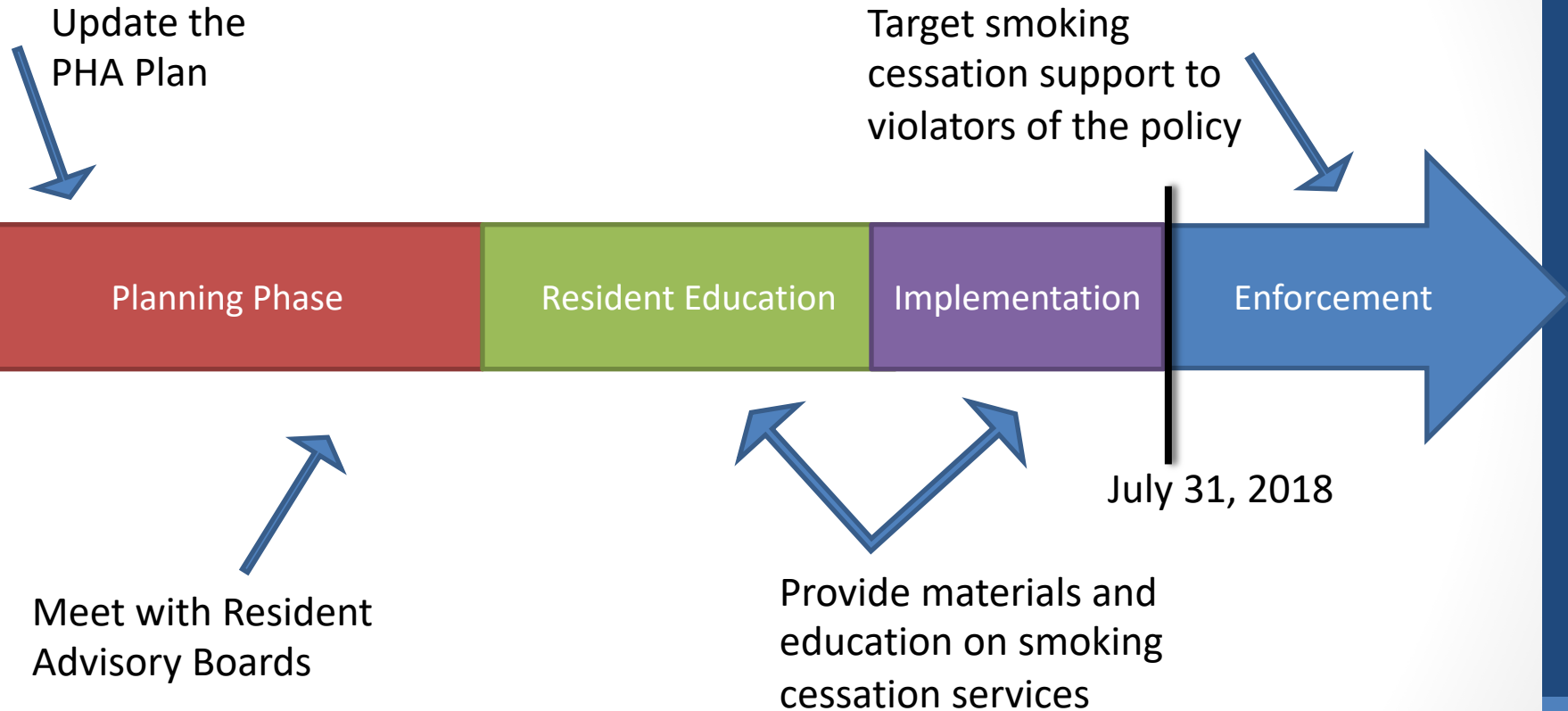
Q44 Are you collaborating with your PHA to implement a smoke-free policy?

Answered: 47 Skipped: 14



Source: NCHPH 2016 Needs Assessment

Opportunities for Health Center Involvement During Implementation of the Smoking Ban



Barriers for PHAs and Health Centers

PHAS

- Resident push back
- Lack of support
- Need for education

Health Centers

- Resources
- Not focused on the community
- Low participation rates

Case Examples

TCA Health, Inc.- Chicago, IL



- Health Partnerships
- Lease agreements

Public Health Management Corporation (PHMC)- Philadelphia, PA



- Long term relationship
- Strategic Partners

Case Examples

Community Healthcare Center- Wichita Falls, TX



- Community Engagement
- Commitment
- Incentives

UNC Wakebrook- Raleigh, NC



- Improved attendance by tailoring support for their population

Summary/Recommendations

- Establish partnerships
- Engage with the community
- Provide culturally appropriate health education materials
- Leverage resources
- Expand smoking cessation services
- Create incentives for participation
- Foster a supportive environment

Resources

NCHPH.ORG

- [Abstracts, Best Practices, Factsheets, Webinars and Training Symposia](#)
- [Smoke-free Widget](#)
- [Maps of Health Centers and PHAs](#)

American Lung Association

- [Smokefree Policies in Multi-Unit Housing: Steps for Success Online Course](#)
- [State Tobacco Cessation Coverage](#)

HUD

- [A Health Picture of HUD-Assisted Adults, 2006–2012](#)
- [Smoke-Free Public Housing and Multifamily Properties Resource Portal](#)
- [Change is in the Air: An Action Guide for Establishing Smoke-Free Public Housing and Multifamily Properties, 2014](#)
- [Smoke-Free Housing: A Toolkit for Residents of Federally Assisted Public and Multi-Family Housing, 2011](#)

CDC

- [Best Practices for Comprehensive Tobacco Control Programs—2014: Cessation Interventions \[PDF–496 KB\]](#)
- [Clinical Practice Guideline: Treating Tobacco Use and Dependence: 2008 Update](#)
- [Treating Tobacco Use and Dependence: 2008 Update—Overview](#)
- [Consortium for Tobacco Use Cessation Technical Assistance](#)



Questions?

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