

# Violence and Opioid Abuse in Public Housing Communities: *Problems, Solutions and Opioid Overdose Antidote Training*

National Center for Health in Public Housing  
Project Lazarus

September 15, 2018

# Agenda

## Background

- Violence
- Mental Health
- Substance Abuse

## Case Examples

- Prevention
- Intervention
- 3 Health Centers

## Mental Health

- Survey

## Opioid Overdose Training

- Mr. Fred Wells Brason II from Project Lazarus

# NCHPA

National Center for Health in Public Housing



Increased Access + Quality of Care → Improved Health Outcomes

Capacity Building For Health Centers Serving Residents of Public Housing

- ✓ Training & Technical Assistance
- ✓ Research
- ✓ Outreach and Collaboration

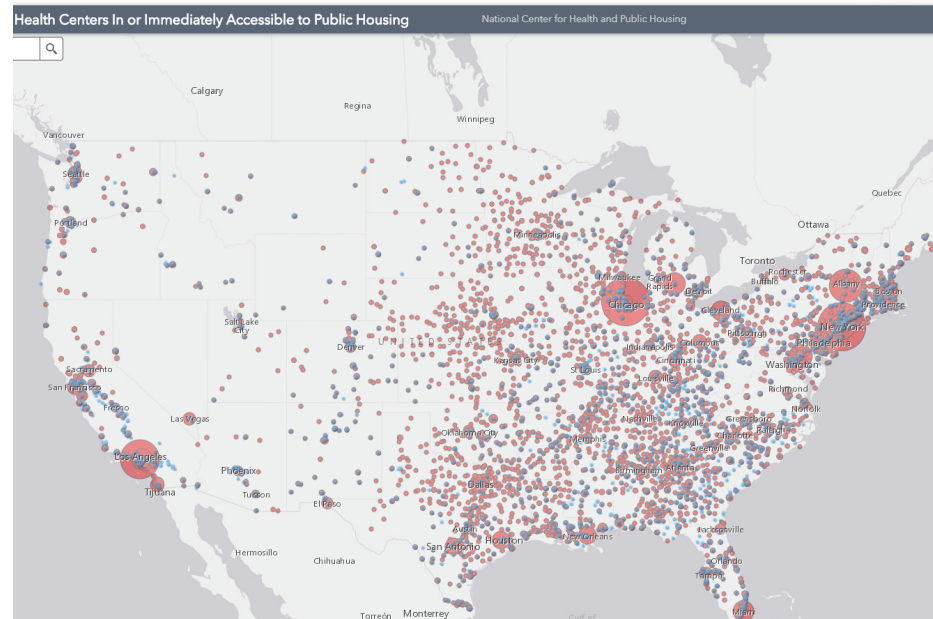
*This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U30CS09734—Public Housing Primary Care National Training and Technical Assistance Cooperative Agreement for \$608,000, and is 100% financed by this grant. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.*

# National Center for Health in Public Housing

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# Health Centers near Public Housing

- 1,400 Federally Qualified Health Centers (FQHC)=26 million
- 341 FQHCs In or Accessible to Public Housing= 2.7 million patients
- 105 Public Housing Primary Care (PHPC) = 609,000 patients



[www.nchph.org](http://www.nchph.org)

# A Health Picture of HUD-Assisted Adults, 2006-2012

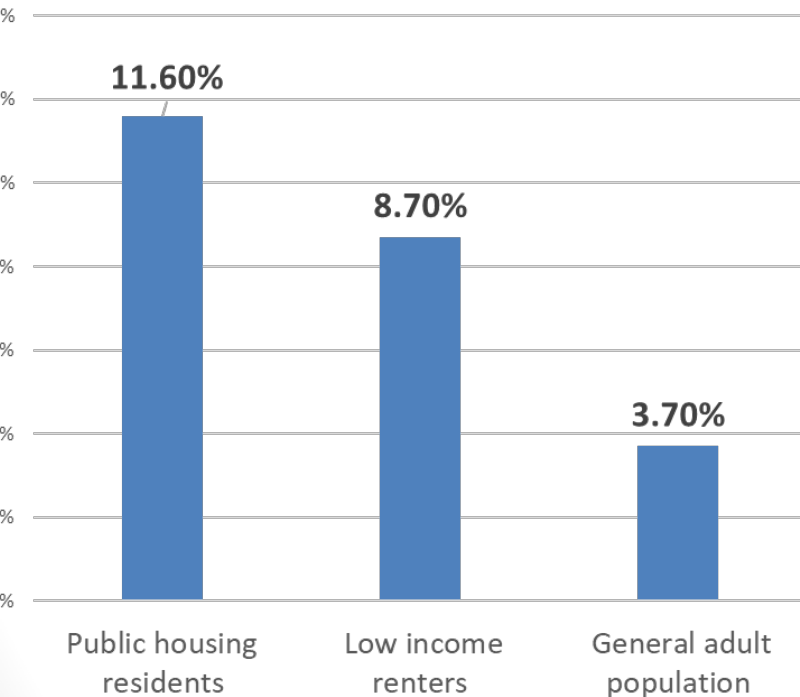
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Adults in HUD-assisted housing have higher rates of chronic health conditions and are greater utilizers of health care than the general population.

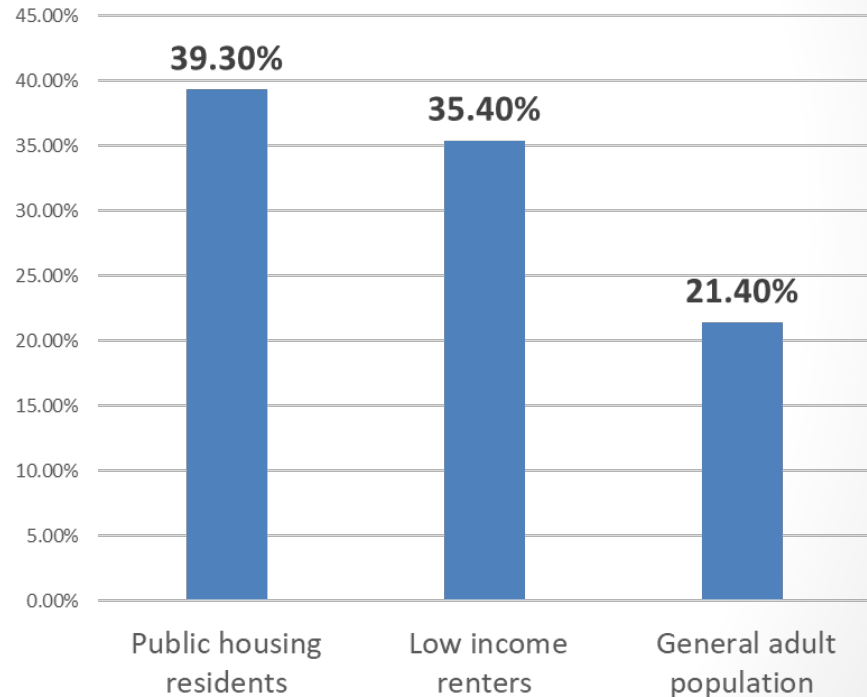
- Fair or Poor Health- 36% vs. 14%
- Overweight or Obesity- 71% vs. 64%
- Disabled- 61% vs. 35%
- Diabetes- 18% vs. 10%
- Asthma- 16% vs. 9%

# Mental Health

## Serious Psychological Distress



## Distress with Mental Hardship



# What is the Connection?



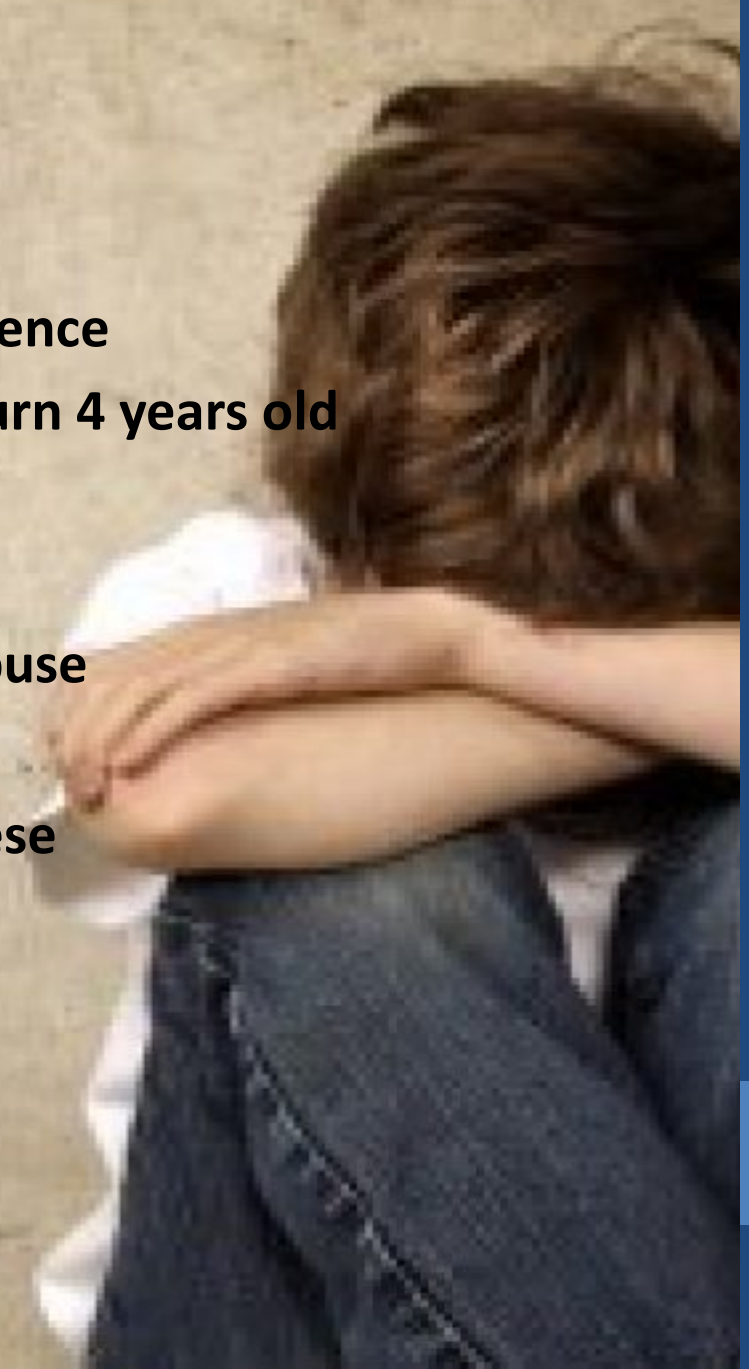


# People who have experienced trauma from violence are...

- 15 times more likely to attempt suicide
- 4 times more likely to become an alcoholic
- 4 times more likely to develop an STD
- 4 times more likely to inject drugs
- 3 times more likely to experience depression

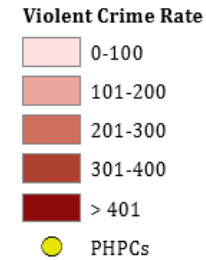
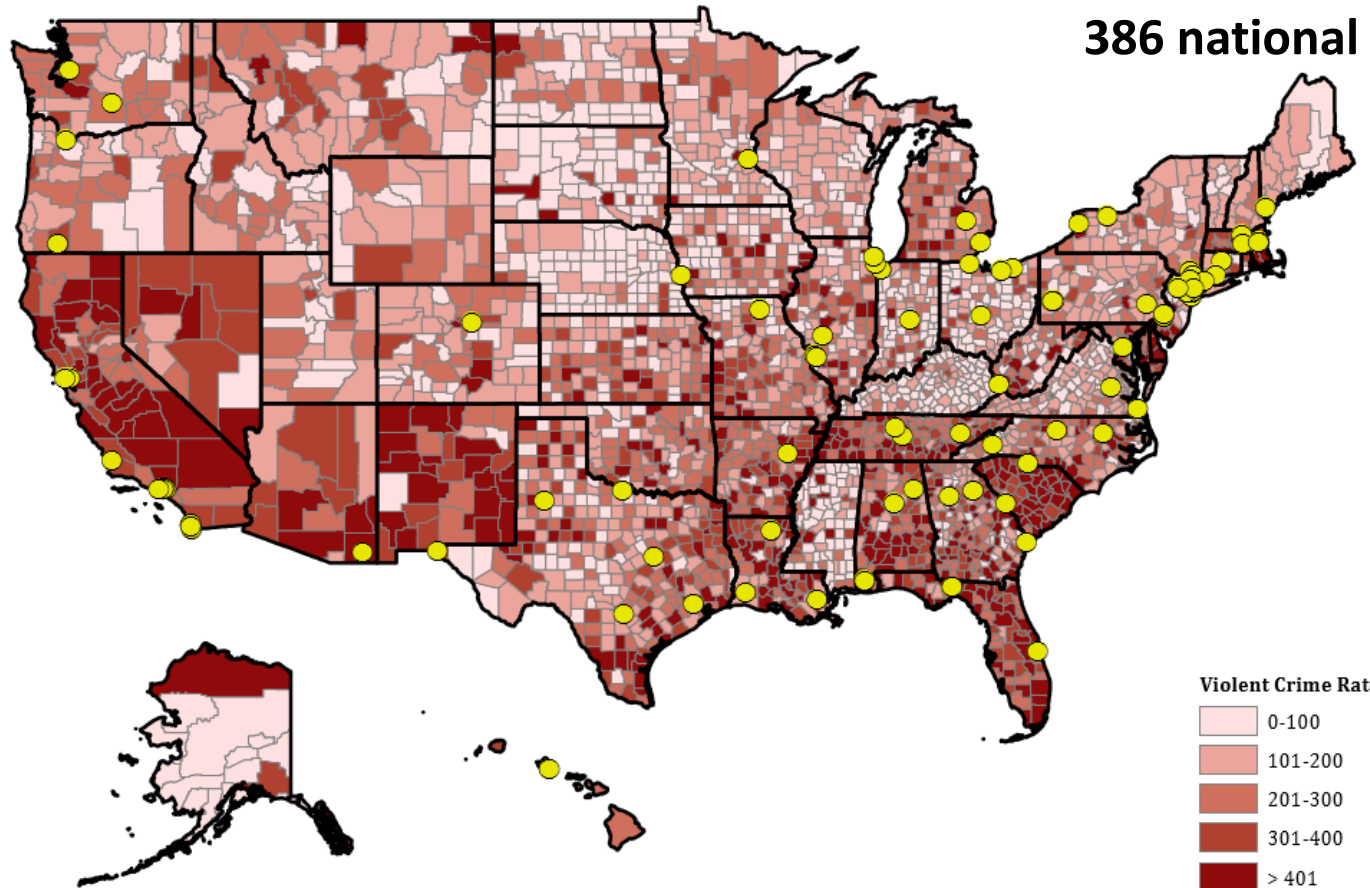
# Children

- **26% of children will witness or experience a traumatic violent event before they turn 4 years old**
- **60% of youth under age 17 and have been exposed to crime, violence and abuse**
- **More likely to be depressed, STD, obese**



# Violent Crime Rate (per 100k pop) by County

508 in PHPC counties  
vs.  
386 national average



# Case Study Methodology

PHPCs in high crime areas

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graph TD; A[PHPCs in high crime areas] --> B[Violence prevention and intervention programs]; B --> C[Interviews and document review]; C --> D[Identified themes];
```

Violence prevention and intervention programs

Interviews and document review

Identified themes

# Research Questions

- ✓ Types of violence -gang, domestic, crime/homicide?
- ✓ Need for mental health services due to violence?
- ✓ Describe violence intervention and prevention programs?
- ✓ Successful strategies or initiatives?
- ✓ What are the expectations of community violence intervention and prevention programs?

# Case Studies



Whittier Street Health  
Center in Boston, MA



OIC Center in Rocky  
Mount, NC



Genesee Health  
Systems in Flint, MI

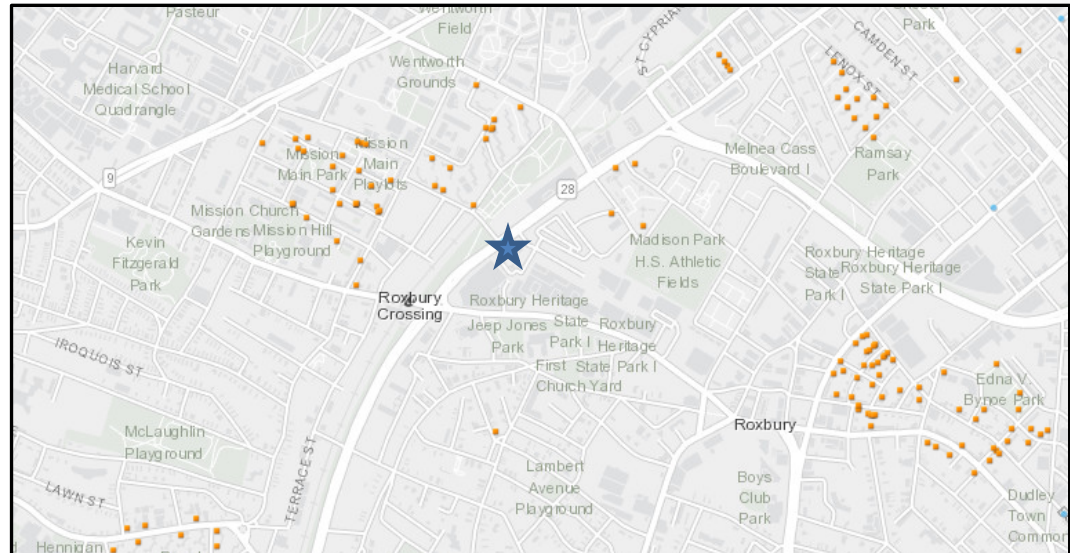


WHITTIER STREET  
HEALTH CENTER

Comprehensive. Compassionate. Community.

# Whittier Street Health Center Boston, MA

- low-income
- poverty
- racism
- a history of neglect
- feelings of community abandonment



## To help community members cope with violence and trauma, Whittier:

- Individual therapy
- Spanish-speaking group for parents
- Trauma Team
- Intensive Family Team
- Domestic Violence Coordinator
- DecisionArts
- Community Relation Peer Leadership

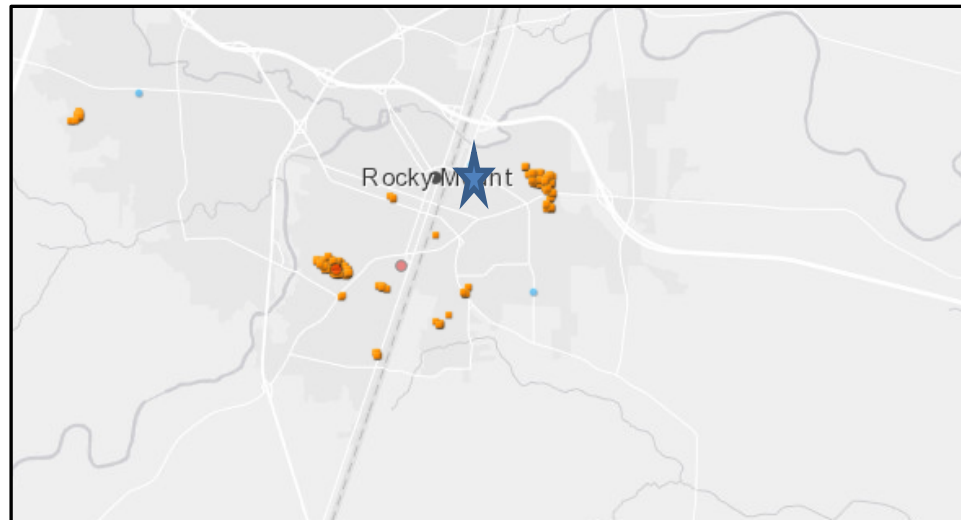


# WYSE 2017



# OIC Health Center Rocky Mount, NC

- Rural
- High poverty
- High unemployment
- High crime



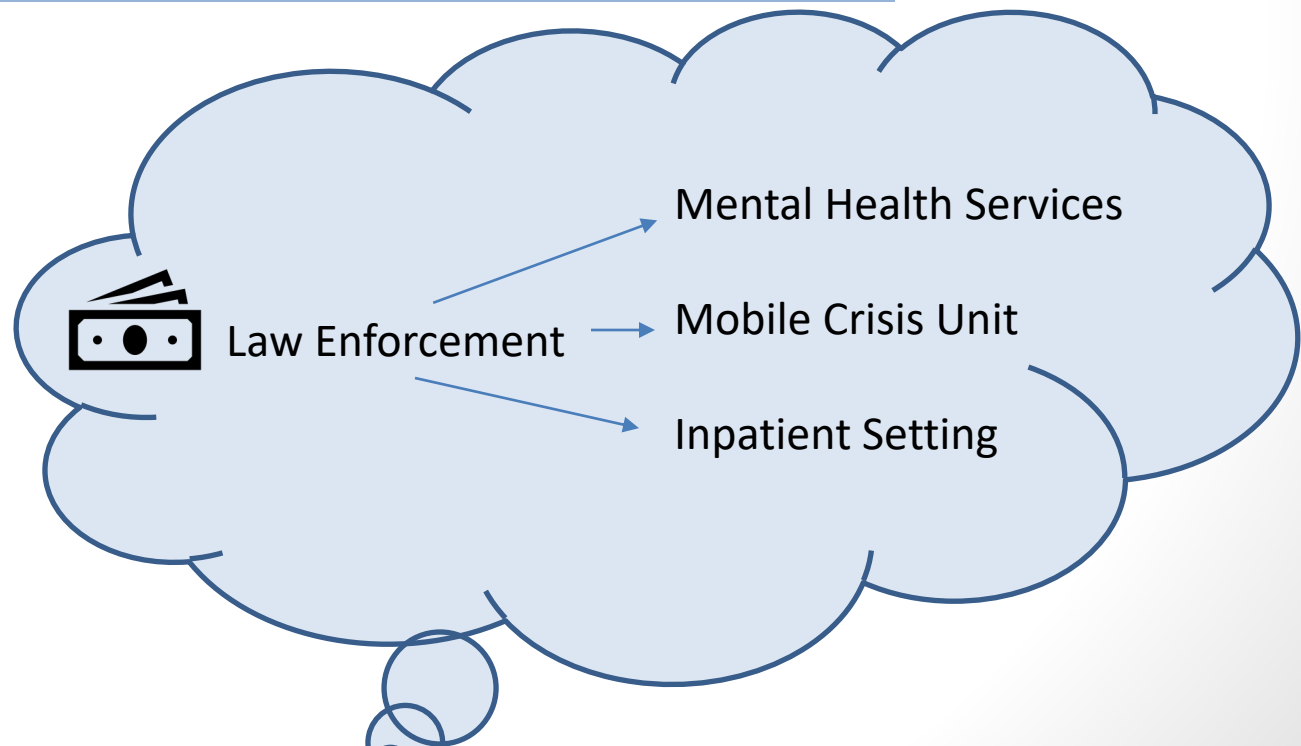


## Integrated Behavioral Health System Crisis Intervention Training (CIT)

Criminal Justice System and  
Those in Mental Health Crisis

# Changing the Narrative

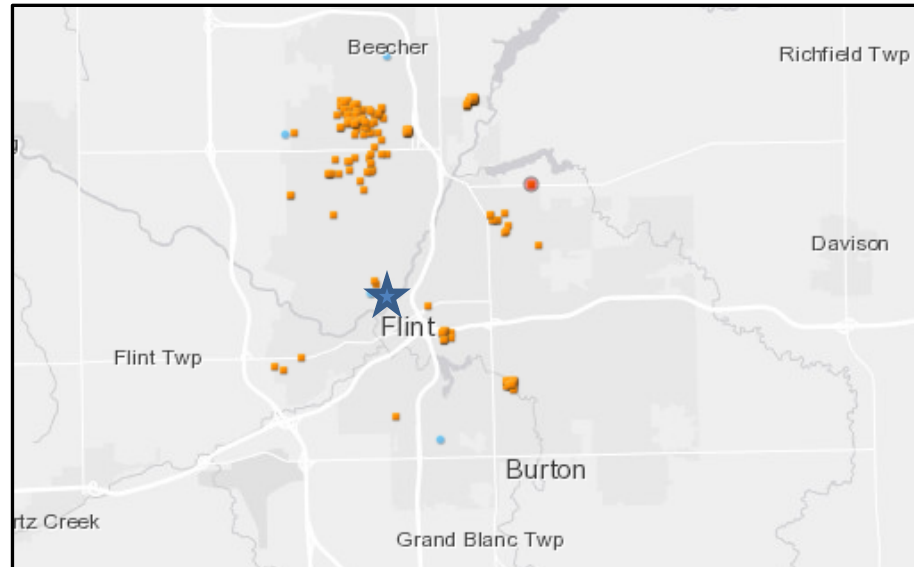
- City of Rocky Mount
- Health Care Providers- local hospitals
- Law Enforcement
- Housing Authority
- Homeless Shelter





# Genesee Health System Flint, MI

- Low income
- Economically depressed
- High crime
- Poverty
- Abandoned Buildings



# Mental Health Court/ Drug Court



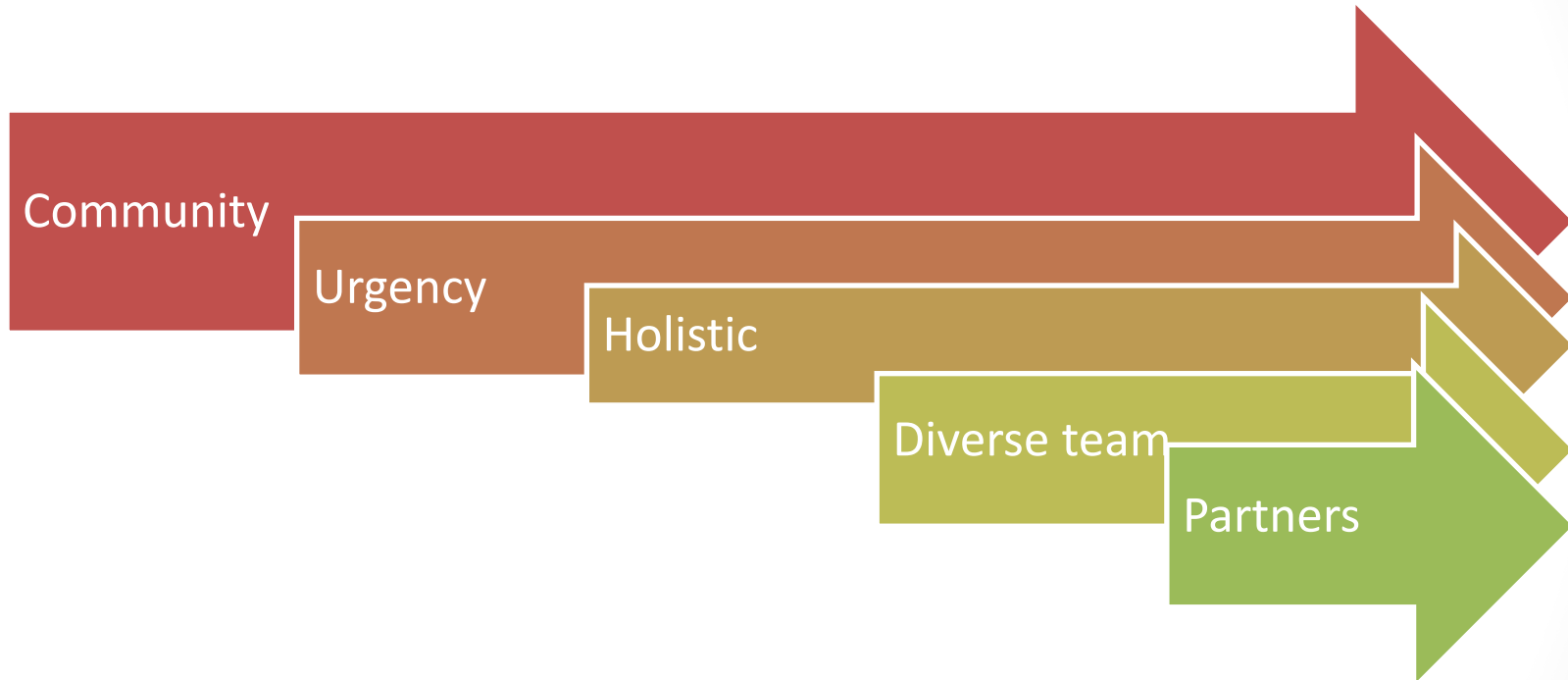
- Health care staff embedded in the court
- Arrests are cross-referenced with patients with mental health issues
- Big reduction in rates of recidivism

# NARCAN Kits

- 12 overdoses in one neighborhood
- Mobile unit distributed kits at a church, mission, dollar store
- Saved lives



# Summary





<https://www.surveymonkey.com/r/TW3XZQC>  
**Emotional and Mental Health Survey**



# Social Media

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*Handouts available*