# Outreach and Opportunities for Collaboration to Improve Resident Health: Health Centers, Public Housing Agencies and More

National Center for Health in Public Housing

Robert Burns, MPA, Director

South Carolina Primary Care Health Association November 17, 2020



### National Center for Health in Public Housing



This presentation is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,824,000 with 0 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.



### Agenda



Background on Health Centers and Public Housing Residents



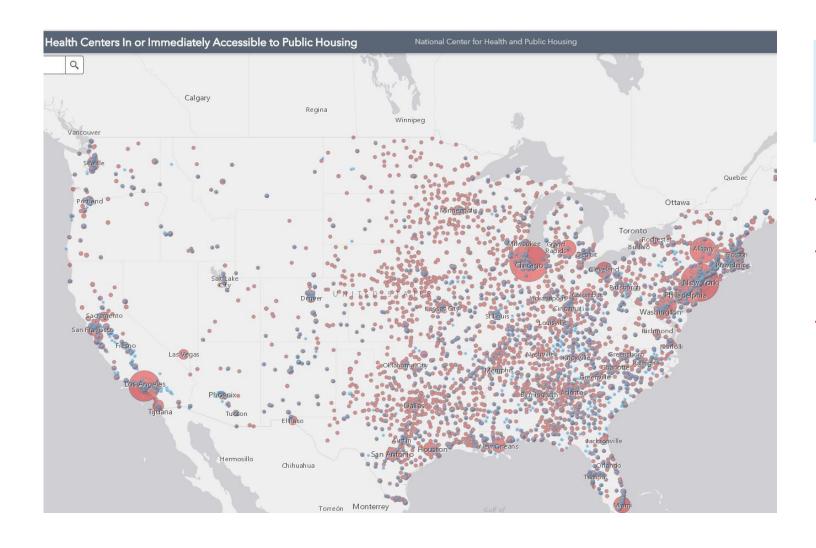
Impact of Housing on Health



Opportunities for Collaboration



Discussion



#### Health Centers close to Public Housing

- 1,400 Federally Qualified Health Centers (FQHC)=29.8 million
- 433 FQHCs In or Accessible to Public Housing= 5.1 million patients
- 108 Public Housing Primary Care (PHPC) = 856,191 patients

www.nchph.org



### **HUD Housing Assistance**

10 million individuals receive assistance; 4 million children

Housing assistance is not an entitlement: Housing assistance does not serve everyone who is eligible. Only one quarter of those eligible actually receive assistance.

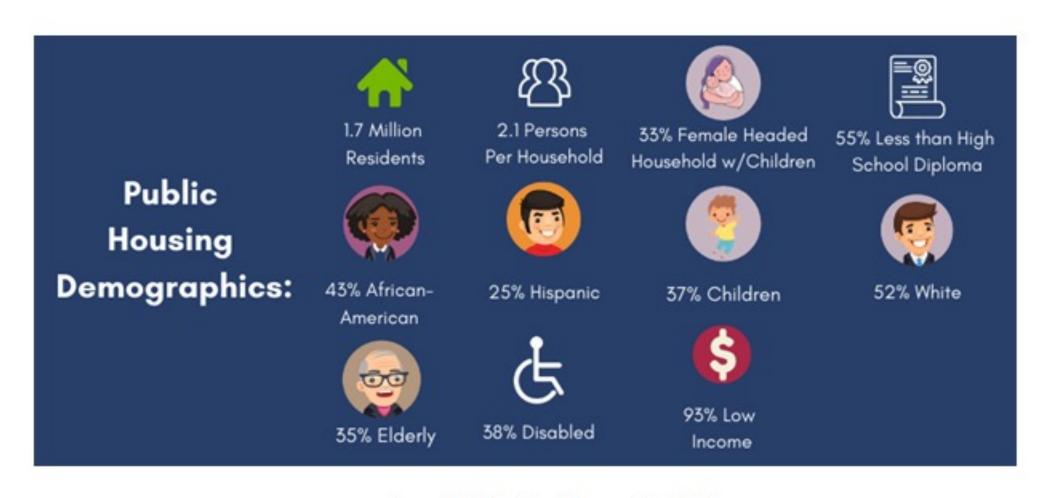
Elderly and disabled make up over half of tenant households

Housing expenses crowd out other expenses

Program Eligibility: Citizenship, gross income, and household size

Race/Ethnicity: 64% Minority; 17% Hispanic

In 2020, there were roughly 1.7 million residents of public housing. Approximately 93% were living below poverty, 33% were headed by a single female, 37% of the households had children, and 38% had a member that was disabled. (Source: HUD)



Source: HUD Resident Characteristics 2020



### **PHA Investments**





- FSS
- Sobs Plus
- **₹** ROSS
- Project SOAR
- JRAP
- © ConnectHome

- 700+ PHAs served by CSS
- 40+ Tribes
- Dozens of nonprofits & resident associations





#### **Jobs Plus**

- 44 sites in 6 cohorts
- Builds opportunity for Public Housing Residents:
  - Supports locally-based approaches
  - Increases earnings
  - Improves employment outcomes

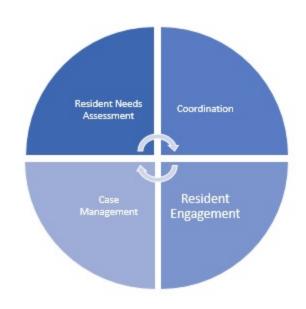








### Resident Opportunity & Self-Sufficiency (ROSS)

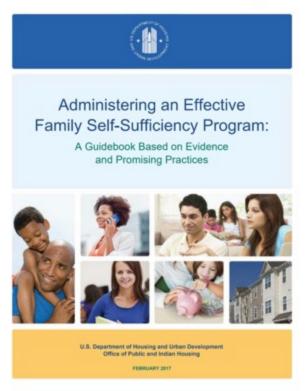


- Just announced \$36 million to 137 grantees
- 350+ grantees overall
- 3-year grants
- Funds Service Coordinators who:
  - · Provide case management
  - · Assess resident needs
  - · Build partnerships and coordinate services with local providers
- NOFA focuses on areas of need:
  - Education
  - Financial Literacy
  - · Health & Wellness
  - · Elderly & Disabled
  - Re-Entry
  - Employment
  - Substance Abuse





### Family Self-Sufficiency (FSS)



- Just announced \$80 million in renewal awards
- 700+ grantees
- Annual grants
- Provides motivational coaching to increase household earned income and achieve self-sufficiency through:
  - Comprehensive case management services
  - Family escrow account that grows as a family's earnings grow

#### **EnVision Centers**

#### Vision

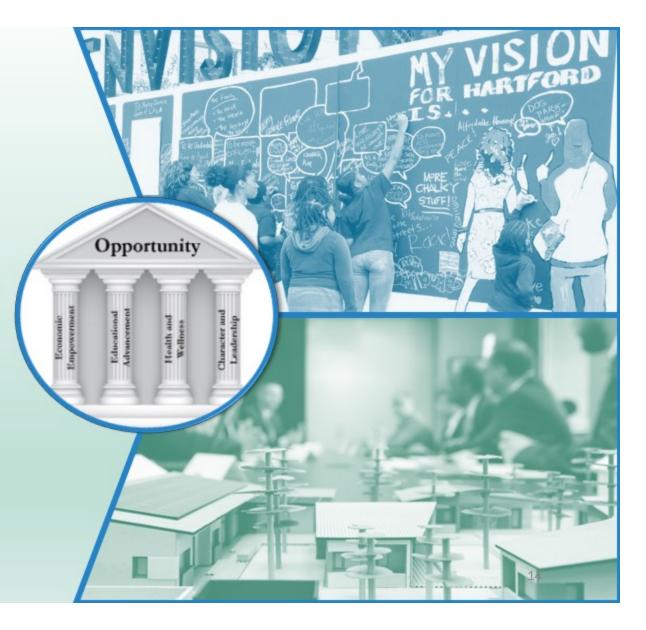
Centralized hubs to support the four pillars of self-sufficiency within their communities (Not limited to HUD-assisted residents or PHAs)

#### **Target Communities**

- Dynamic local leadership (i.e., personal commitment by mayor, tribal official, and/or PHA director)
- Existing place-based programs (e.g., ConnectHome, Opportunity Zones)

#### Benefits to EnVision Centers

- Assistance from HUD staff in meeting EnVision Centers' objectives to help low-income residents
- Assistance with Federal Agencies who support community development initiatives
- Assistance reaching a national nonprofit support network
- Coordination with a national EnVision Center peer-topeer network

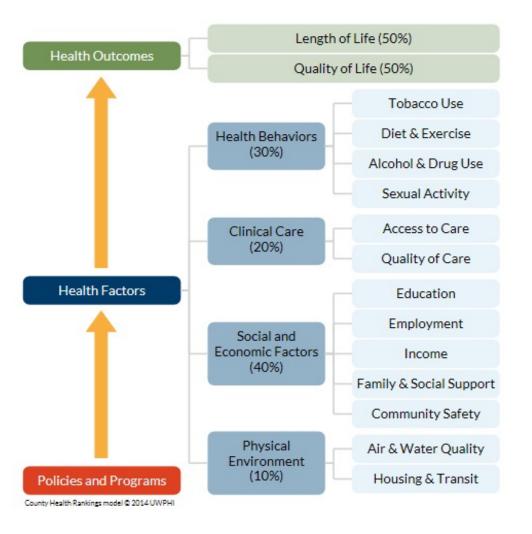








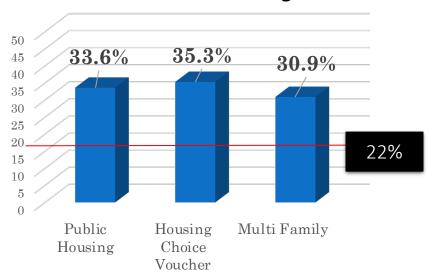
### Impacts of Housing on Health



# A Health Picture of HUD-Assisted Adults, 2006-2012

Adults in HUD-assisted housing have higher rates of chronic health conditions and are greater utilizers of health care than the general population.

#### **Adult Smokers with Housing Assistance**



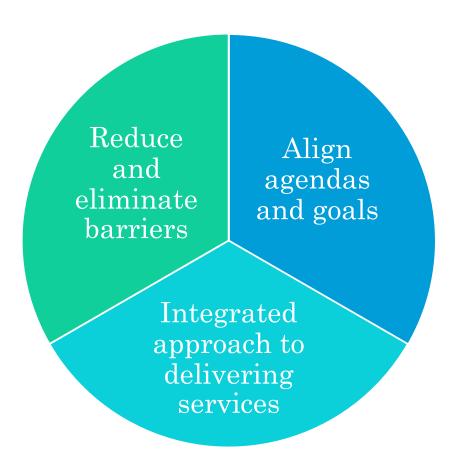
Source: Helms VE, 2017

|                       | HUD-<br>Assisted | Low-<br>income<br>renters | All<br>Adults |
|-----------------------|------------------|---------------------------|---------------|
| Fair/Poor<br>Health   | 35.8%            | 24%                       | 13.8%         |
| Overweight<br>/ Obese | 71%              | 60%                       | 64%           |
| Disability            | 61%              | 42.8%                     | 35.4%         |
| Diabetes              | 17.6%            | 8.8%                      | 9.5%          |
| COPD                  | 13.6%            | 8.4%                      | 6.3%          |
| Asthma                | 16.3%            | 13.5%                     | 8.7%          |



### Reasons for Partnership







# HRSA Health Center Goals 2022

GOAL 1 Improve access to quality health care and services Foster a health care workforce able to address current GOAL 2 and emerging needs Enhance population health and address health disparities GOAL 3 3 through community partnerships Maximize the value and impact of HRSA GOAL 4 4 programs Optimize HRSA operations to enhance efficiency, GOAL 5 effectiveness, innovation, and accountability

### US Dept Housing & Urban Development

HUD's mission is to create strong, sustainable, inclusive communities and quality affordable homes for all

#### **HUD Strategic Goals**

- Strengthen the Nation's Housing Market
- Meet the Need for Quality Affordable Rental Homes
- Utilize Housing as a Platform for Improving Quality of Life
- Build Inclusive and Sustainable Communities Free From Discrimination
- Transform the Way HUD Does Business



# COVID-19

#### PUBLIC HOUSING PRIMARY CARE (PHPC) COVID-19 BY THE NUMBERS

June 20, 2020 Numbers as of June 12, 2020 Number of PHPC respondents= 78 (72.90% of all PHPCs)

IN 2018, THERE WERE 107 PHPCs
SERVING 817,123 PATIENTS LIVING
IN OR IMMEDIATELY ACCESSIBLE
TO PUBLIC HOUSING.

PHPC Adequate Supply of Personal Protective Equipment (PPE) for the next week:

93.59%

Surgical Masks

88.46% N95/PPR Masks

88.46% Gowns

92.31%

Gloves

93.59% Face Masks & Goggles

#### PHPC OPERATIONS:

76% Health Center Weekly Visits (Versus Pre-COVID-19 Weekly Visits)A

173 PHPC Sites Closed

34

Staff Members With Positive COVID-19

6.92%

Staff Unable to Work (due to site/service closure, exposure, family/ home obligations, lack of PPE, etc.)

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PATIENT TESTING

PHPCs with COVID-19 Testing Capacity 94.87%

Drive-up/Walk Up Testing Capacity 84.62%

04.0270

PHPCs COVID-19 SPREAD:

14,247

Total Tested

71.85%

Racial or Ethnic Minority Tested

1,452

**Total Positive Cases** 

71.14%

Racial or Ethnic Minority Positive Cases





Community Partnerships to Address the Consequences of the COVID-19 Pandemic Among Residents of Public Housing

Begins Thursday, October 22, 2020

Visit NurseLedCare.org or NCHPH.org for more information





### Partnership Showcase



Session 1: Addressing food insecurity-TCA Health, Chicago, IL



Session 2: Reducing adverse health behaviors- Lancaster Health Center, Lancaster, PA



Session 3: Culturally and linguistically appropriate interventions-Watts Health Center, Los Angeles, CA



Session 4: Strategies to promote telehealth and digital health literacy-Quality of Life Health Center, Gadsden, AL

### Case examples



HEALTH INSURANCE COVERAGE



SENIOR HEALTH PROGRAMS



**COMMUNITY SAFETY** 

### Chicago, Illinois

"Part of our mission at the Chicago Housing Authority is to support stability and quality of life. So, what's more important to that than health?"- CHA





#### **Background:**

- TCA was having issues engaging residents.
- TCA approached CHA about partnering.
- The two combined outreach efforts to better access and educate residents about healthcare coverage

#### Impact:

- 2 FTE public housing residents trained as outreach workers
- 1,000+ enrolled in health insurance
- 3,000+ health education sessions

#### **Keys to Success:**

- Resident Champion
- Communication
- Shared Knowledge

#### **Future**

- Working Group- 25 organizations
- Youth/Adult Fitness Program
- Cooking Classes,
- · Community Gardening Projects,
- Food Accessibility Initiatives,
- Community Health Education Workshops,
- Mobile Health Unit









### Casa Maravilla-Senior Center

- Public- Private Partnership
- Senior Housing- 73 units; age 55+
- Benefits Enrollment Center- 2,400 seniors annually
- Monthly Wellness Programs

"It's been a remarkable experience, one of the things that it enables us to do is to talk to people in the community and young people about this line of work and how rich the variety is and how meaningful and fulfilling it is to work with older adults."

Alivio Program Manager





### Flint, Michigan

#### Drug Court, Mental Health Court, Veterans Courts

- Genesee Health Systems staff embedded in the court crossreferences booking report with EMR
- Individuals released into appropriate services
- MSU evaluation showed
  - 80% reduction in recidivism
  - \$500,000/yr savings jail costs
  - 50% reduction in psychiatric and sub-acute detox services

#### Case Examples

Community Healthcare Center- Wichita Falls, TX



- Community
   Engagement
- Commitment
- Incentives



South End CHC Boston, MA



- Community Focus
- Community Team
- Behavioral Health a Priority

## EnVision Centers

### Opportunity Empowerment Advancement Character and Educational Health and Economic Leadership Wellness

#### EnVision = SDOH

- Economic Empowerment
  - · Community Health Workers
- · Health and Wellness Pillar
  - Increase the number of pre-natal wellness visits to Federally Qualified Health Centers (FQHC)
  - Increase the number of annual physicals at FQHC (adults).
  - Increase vision and hearing screening among pre-school aged kids.
  - Increase number of homes with children under the age of 6 years that are made lead free.
  - Increase Veteran enrollment at Federal VA Hospitals and clinics.
  - Increase blood pressure/diabetes/glaucoma/cance r and lead screening.

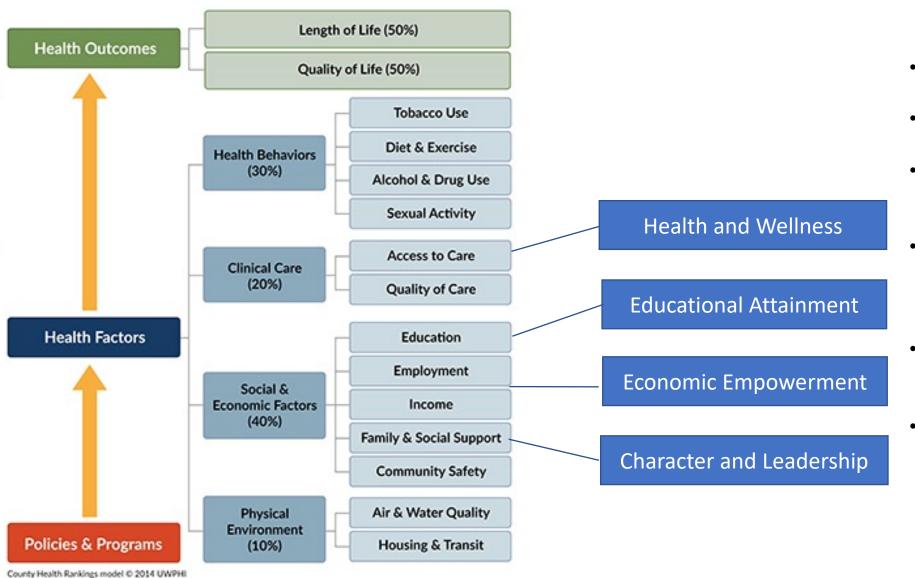




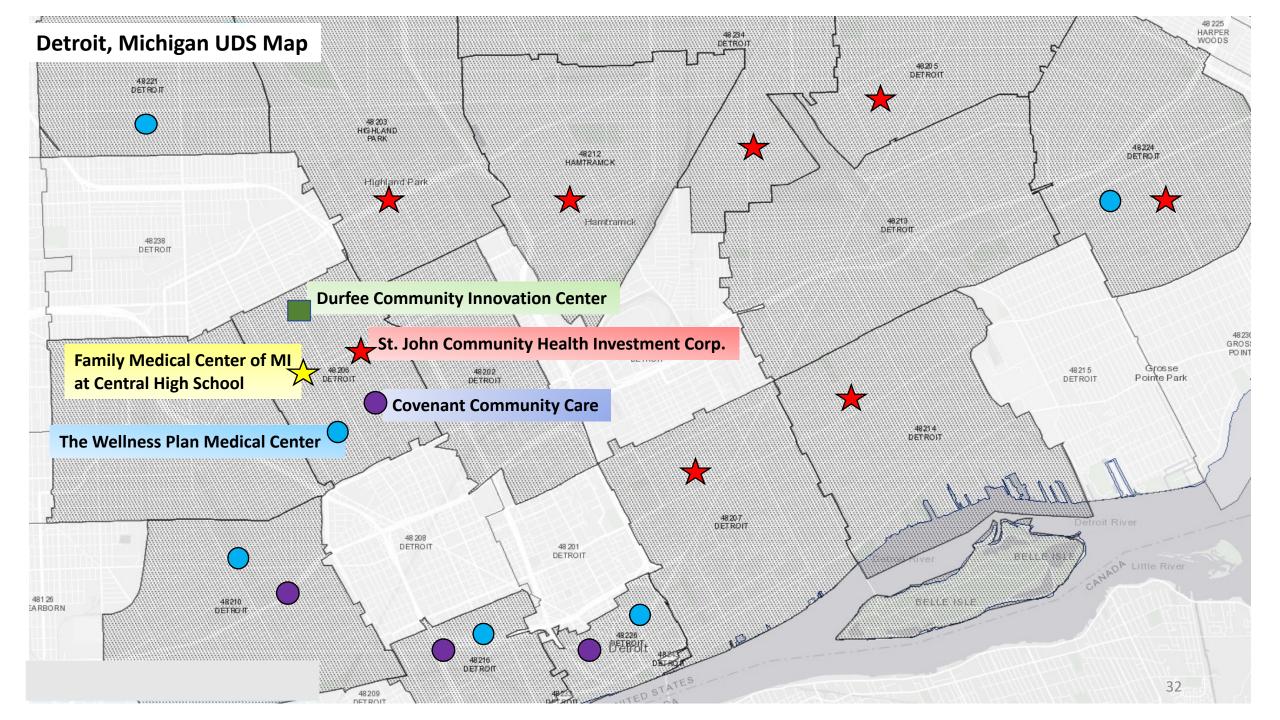
- -Prenatal Visits
- -Annual Physicals for Adults
- -Hearing and Vision Screening
- -Lead Free Homes with Children < 6 years old
- -Veteran Enrollment at VA Hospitals & Clinics
- -Screening for Blood Pressure, Diabetes, Glaucoma, Cancer and lead

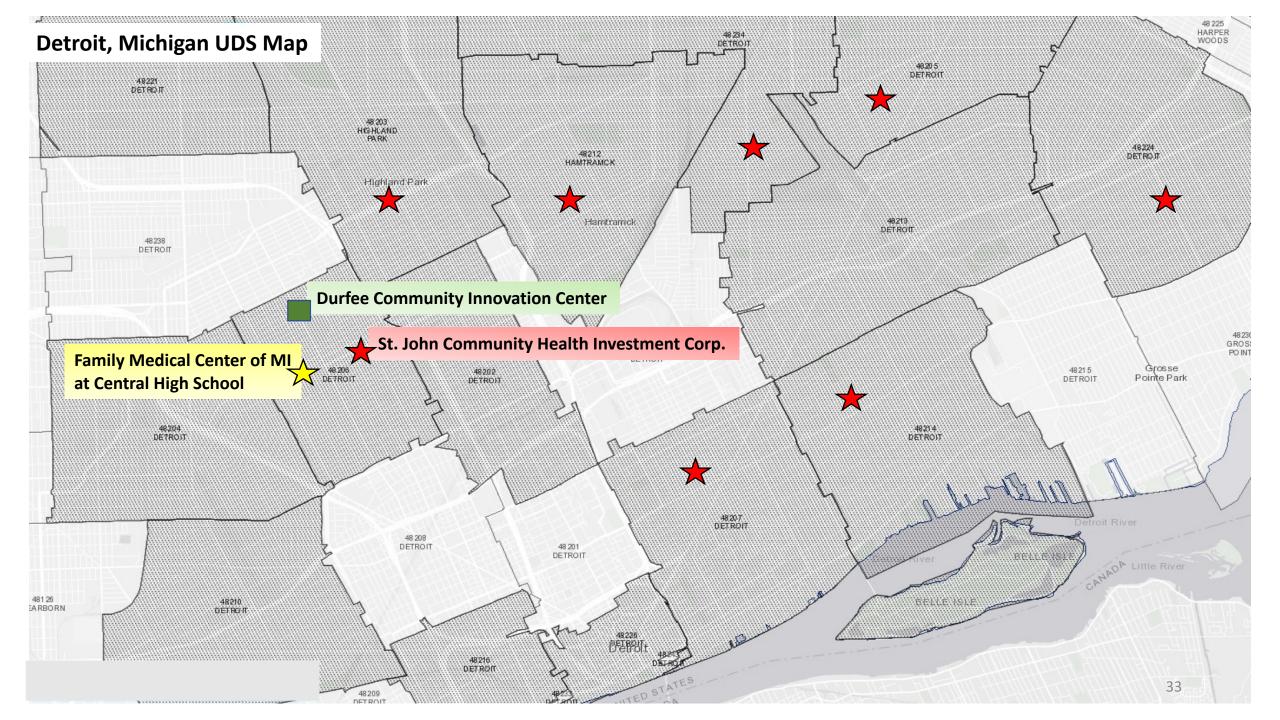
#### **SDOH**

#### **EnVision Centers**



- Increase prenatal visits at FQHCs
- Increase annual physicals at FQHCs
- Increase hearing and vision screening for children
- Increase number of homes with children under the age of 6 years that are made lead free.
- Increase Veteran enrollment at Federal VA Hospitals and clinics.
- Increase blood pressure/diabetes/glauco ma/cancer and lead screening.

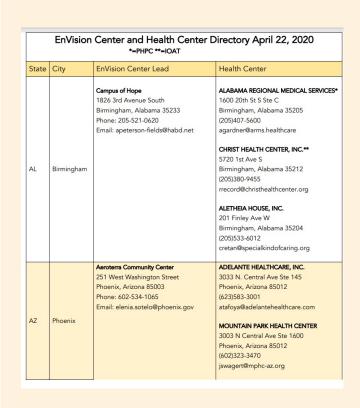


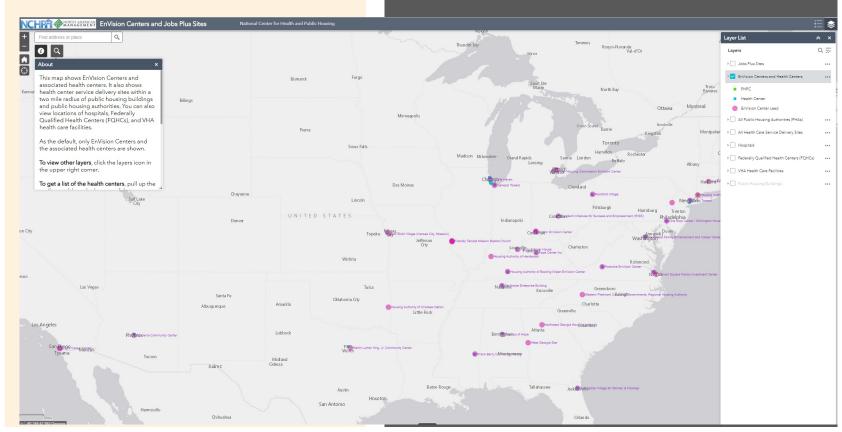


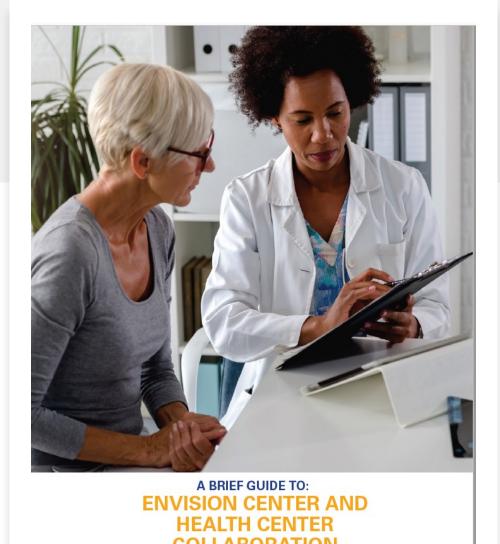


# Finding a Health Center Partner

- EnVision and Health Center Directory
- NCHPH Interactive Map







Intended audience: Public Housing Authorities, HUD Regional Offices, Health

# Promote Collaborations

- Opportunities for collaborations
- Strategies to create and sustain partnerships
- Guidance on how to choose health and wellness goals

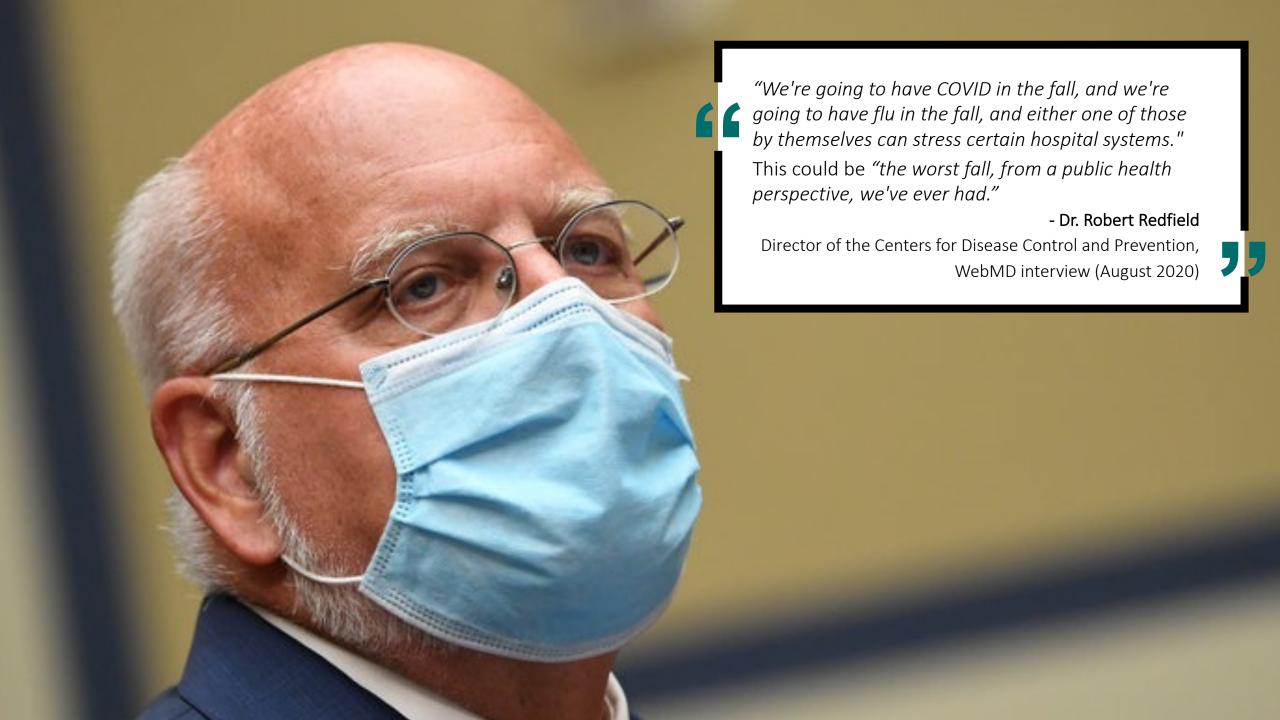


### Flu LEAD

(Linkages to End Access Disparities)

A HUD/HRSA collaboration to increase influenza vaccination coverage among HUD-assisted residents

September 2020



#### CDC estimates\* that, from October 1, 2019, through April 4, 2020, there have been:

39,000,000 – 56,000,000 flu illnesses



18,000,000 – 26,000,000 flu medical visits

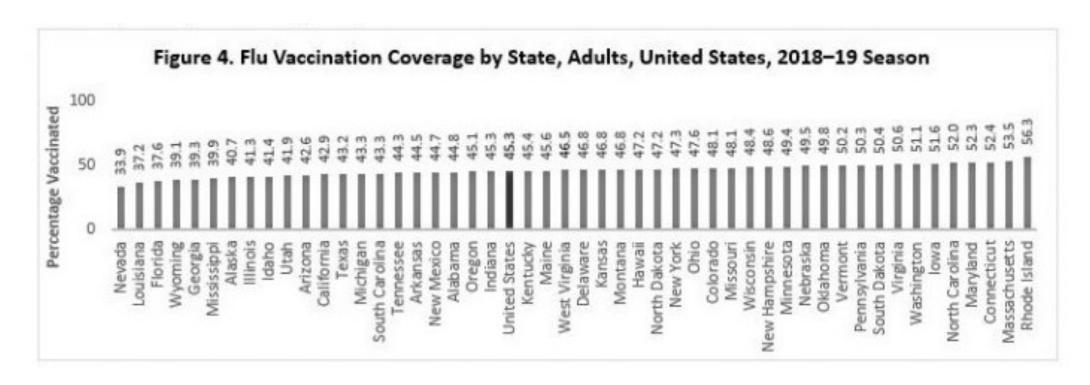


**410,000 – 740,000** flu **hospitalizations** 



24,000 – 62,000 flu deaths





CDC recommends annual influenza vaccination for everyone 6 months and older with any licensed, ageappropriate influenza vaccine with no preference expressed for any one vaccine over another

Factors associated with low influenza vaccination coverage<sup>1</sup>







Urbanicity Lack of Health Insurance

### **Background: Healthcare Resilience Working Group**

- One of five work groups supporting the Unified Command, the national COVID-19 response led by the U.S. Department of Health and Human Services
- HRWG Mission: optimize healthcare delivery for COVID and non COVID patients in all health settings
- Work group broken into five teams, each with a focus on different aspect of health care system: hospitals, long-term care facilities, emergency medical services, health care workforce, and outpatient settings (ambulatory settings)
- Flu LEAD is a priority pilot project of the <u>Ambulatory Team</u> of the HRWG
- In listening sessions with many national associations and organizations, HRWG heard about concerns for communities and individuals related to seasonal influenza vaccination in the fall within the context of COVID-19

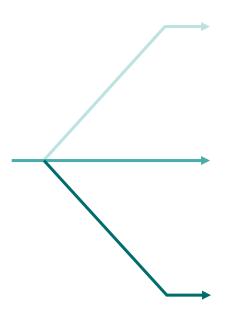




#### Flu LEAD: Goal

**GOAL** 

Increase site-wide flu vaccine coverage during the 2020-2021 influenza season.



#### **OBJECTIVES**

Increase influenza vaccination coverage among HUD-assisted residents beginning in Fall 2020.

**Enhance health and health resiliency** of residents of HUD-assisted communities.

**Foster partnerships** between HUD-assisted communities and local HRSA-funded health centers.



#### Flu LEAD: Locations

#### **HUD Assisted Communities:**

- Managed by hundreds of PHAs and multifamily owners across the country.
- Served by HRSA-funded health centers, including 108 Public Housing Primary Care awardees.
- Successful sites will leverage aspects of HUD's place-based programs:



Partnership facilitators, such as program managers and service coordinators



**Resident advocates**, such as Community Coaches and community health workers



**Meeting space**, such as community centers and service sites



#### Flu LEAD: HRWG Activities



Support site-level matching of Health Centers and PHAs



**Develop a coordinated outreach effort** to
HRSA-funded health
centers and PHAs



Collect and offer materials to support PHAs and health centers



**Convene a webinar series** highlighting success stories







### Flu LEAD: Phase 1 Project Activities

#### Housing Providers will:



**Partner** with **Health Centers** 



Customize outreach materials



Engage resident leaders



Lead outreach campaigns



Provide community space

#### Health Centers will:



**Partner** with **Housing Providers** 



Coordinate vaccination clinics



Provide vaccinations



**Enroll patients** 



Manage patient relationships



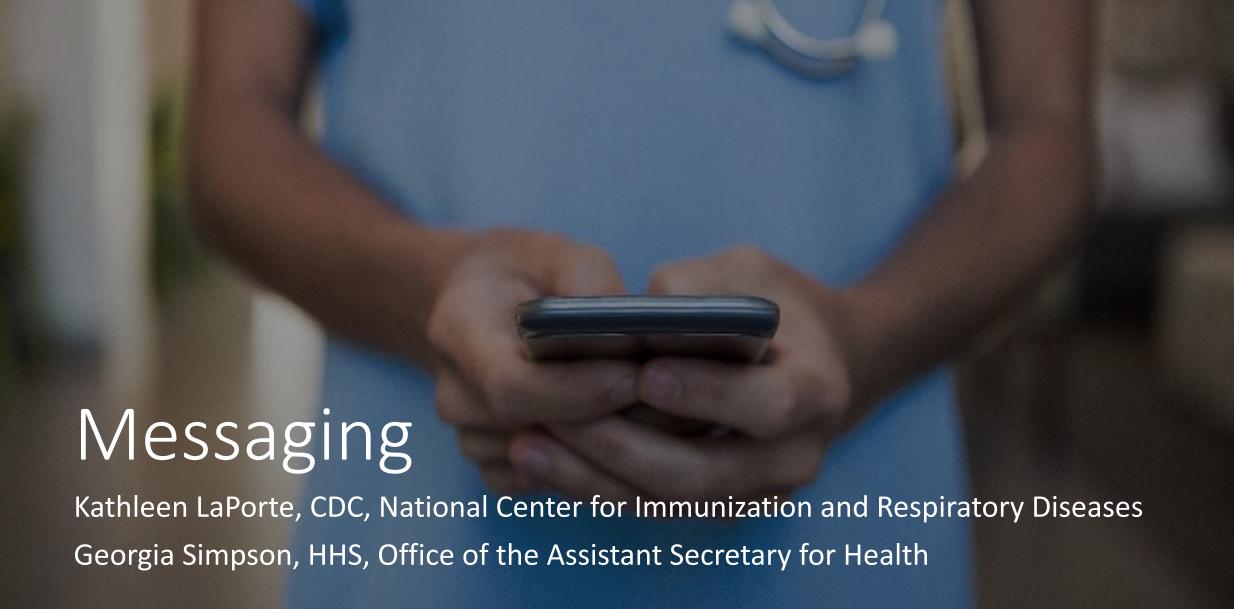


#### Flu LEAD: Phase 2 Activities

#### **Ongoing Activities to Support Community Health Resiliency**

- , which
- Promote vaccine awareness among HUD-assisted communities, including the importance of childhood vaccines and COVID-19 vaccine.
- Promote awareness and linkage to COVID-19 testing, therapeutics, and vaccines.
- Identify/connect individuals in need of primary care and preventive services with local health centers.





### **CDC: Communications Goal & Special Target Audiences**

- GOAL: Increase flu vaccine uptake, especially in people at higher risk from flu and COVID-19, as well as serious outcomes from flu & COVID-19.
- SPECIAL AUDIENCES: Older Americans, People of any age with underlying health conditions (for example lung disease, heart disease, neurologic disorders, weakened immune systems, diabetes), African Americans and Hispanics, Essential Workers
- Comprehensive plans for traditional media, digital and social media and partner outreach.
- Two new campaigns for the public, plus ongoing public and clinician education activities by CDC.



### **CDC: Core Messaging**

- This season, flu vaccine is more important than ever.
  - Flu vaccine protects you, your loved ones, and your community from flu.
- The more people vaccinated, the more people protected.

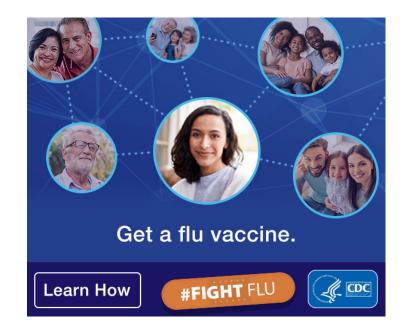
- This season, flu vaccine is more important than ever.
  - Flu vaccine can flatten the curve of flu illnesses, save medical resources, and protect essential workers from flu.
- The more people vaccinated, the more people protected.



### **CDC: Animation: Community**









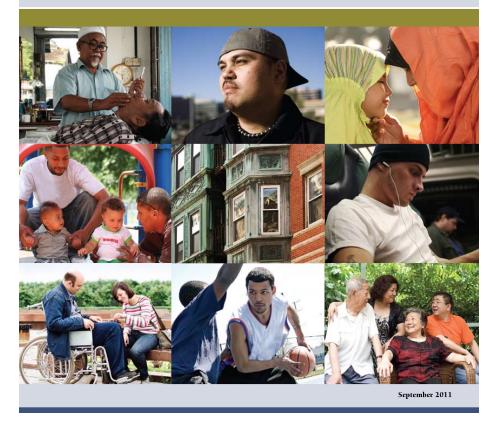




#### Flu Vaccine for Everyone!

A Guide to Reaching and Engaging Diverse Communities

Massachusetts Department of Public Health—Office of Health Equity



## **Example: Massachusetts Extending your Reach!**

#### **Key Takeaways**

- Engaging Community
  - ✓ Faith-based Organizations
  - ✓ Community Groups
- Flu Education
  - ✓ Beliefs and Perceptions
  - ✓ Publicize your Message
  - ✓ Language and Translation
  - ✓ Resource Toolbox









### Total Health Care, Baltimore, MD

- Goals
  - Build trust and connections
  - Increase patient engagement
  - Better serve the community
- Approach
  - Procured a mobile unit for on-site vaccination clinics
  - Combining services with COVID-19 rapid testing
  - Future opportunity to deploy for community health
- Coordination
  - Reaching public and assisted housing sites across the city
  - Leveraging new and existing Community Health Workers (CHWs)
  - Engaging youth and resident leaders for messaging & outreach





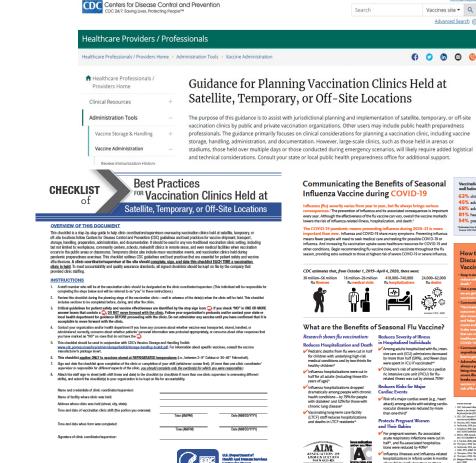






#### Flu LEAD: What Materials Will Be Available





All A-Z Topics

63% children 6 months-17 y 45% adults 18+ years

68% adults 65+ years 81% healthcare person

54% pregnant women

Vaccine Effectivenes

Flu LEAD Technical Assistance Materials <a href="https://nchph.org/wp-content/uploads/2020/09/Influenza-Vaccination-Technical-Assistance-Materials-for-Health-Centers 9.11.20.docx.pdf">https://nchph.org/wp-content/uploads/2020/09/Influenza-Vaccination-Technical-Assistance-Materials-for-Health-Centers 9.11.20.docx.pdf</a>

#### **HUD Technical Assistance**

- Place-based sites
  - Grant managers
  - Field contacts
  - HQ staff
- Support for all PHAs
  - Webinars
  - Newsletters





### Flu LEAD: Next Steps



- Joint introduction to both PHAs and health centers from HUD/HRSA
- Connect with partner, plan outreach campaign and service
- Follow up: After introduction, will check in with health centers and PHAs to make sure a connection made, or if any challenges
- Periodic check in: identify, capture and share success stories from Flu LEAD sites



### Flu LEAD: Next Steps & Contacts

#### **Housing Providers**



Signup Flu LEAD Mailing List Contact FluLEAD@hud.gov

- Copy your grant manager/field office contact
- Provide information about existing health partners
- Include any focus sites with programs and addresses

#### **Health Centers**



### Email Karen Ingvoldstad Kingvoldstad@hrsa.gov

- Identify if have a current PHA partner, and if implement similar activities
- Indicate any PHAs of interest, if applicable
- HUD will reach out to PHA(s) to identify a partner



### Flu LEAD--Challenges

- New Endeavor
- Lack of Partnership History
- "Matchmaking" Complexities
- Tight Turnaround
- Supply Chain
- Cost Reimbursement
- Leadership Supportive but lacking resources
- Competing Priorities

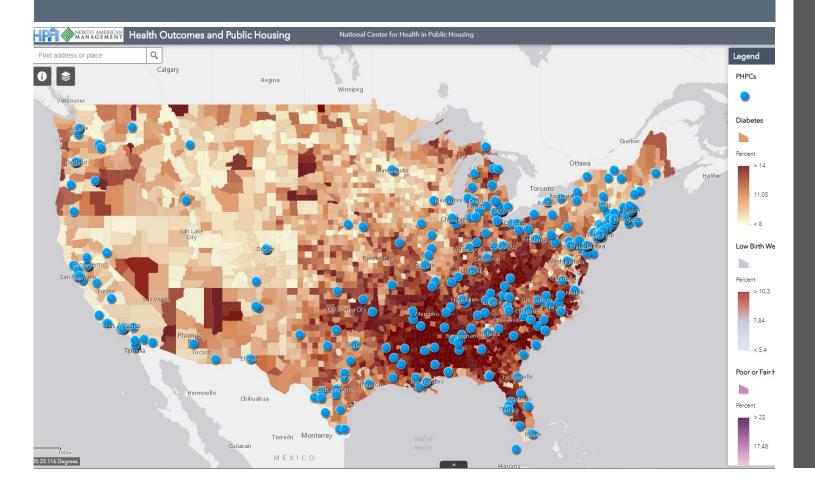


#### Flu LEAD – Lessons Learned

- Secure Leadership Commitment
- Establish Partnerships Clarifying Roles and Contributions
- Address Critical Resources:
  - Supplies
  - Reimbursement
- Establish Realistic Goals and Activities
- Develop and Obtain Buy-in from Partners
- Plan for Next Year NOW !!!



# Visit our Interactive Maps at www.nchph.org/training-and-technical-assistance/maps/



- Diabetes in Public Housing Primary Care
- Health Behaviors and Public Housing
- Health Centers In or Immediately Accessible to Public Housing Map
- Health Center Program
  Grantees and Public Housing
  Developments
- Health Outcomes and Public Housing
- Socioeconomic Health Factors and Public Housing
- Other Public Housing Programs, e.g., Jobs Plus, Connect Home, FSS

### Challenges

#### Fewer MOUs between PHAs and FQHCs

- · Roles and communication channels less certain
- Less collaboration and info sharing

#### Changes in Public Housing

- · Reduction in Traditional Public Housing
- · Scattered Sites
- Increase in Tenant Based Vouchers/ HCV
- Expansion of RAD/ Choice Neighborhoods/ MTW
  - · Roles and communication channels less certain
  - Decentralization and Disruption of Neighborhoods and Support Networks
  - · Services impacted: What happens to Case Management, Support and Self-sufficiency services, e.g., ROSS, FSS?
  - Where do FQHCs reach patients? Where do residents access health and human services?
  - · Who do FQHCs contact and coordinate with about serving residents of RAD or Choice Neighborhood Developments?

#### End of Siloing

- e.g., HUD Continuum of Care
- · e.g., Medicaid Reimbursement of Housing and Enabling Services
  - Enhanced Opportunity but Greater Complexity

#### Gentrification and Displacement

• Public and Assisted Housing move from central city to suburbs bringing additional cost and service issues



### Summary/Recommendations

- Collaborate: Communicate -- Educate -- Engage -- Prioritize
- Establish Reciprocal Partnerships, e.g., memberships on boards, advisory groups of PHAs, FQHCs and Other CBOs
- Create Messaging that speaks to the audience
- Environmental Scan and Asset Mapping
- Engage the community together: FQHC, PHA, EnVision, etc.
- Use Annual Public Housing Resident Meeting and lease signing to refer residents to Health Center(s)
- Secure and Leverage ALL Resources
- Case Management- identify needs & monitor progress
- Partnership building and nurturing is ONGOING!!!

### Partnership Opportunities

- PHA and Health Center Partnerships
- EnVision Centers Support and Promotion
- Flu LEAD → COVID-19 Vaccination
- X-Sector Collaborations: Govt, National and Local, Community-Based Organization
- Ensuring Health of Residents Impacted by Changes in PH



# Partnering with Public Housing Authorities to Increase Resident Participation

### RECRUITING RESIDENTS AND GAINING COMMUNITY SUPPORT

- Identify Community Leaders
- Communicate Health Center Goals and Mission -groups, individuals focus groups, inperson or virtually
- Involve Residents in Planning ensures buy-in and that needs are met
- Partner with Housing Authority- be frequent, relentless, enthusiastic, for the long haul

- Identify and Address Opposition Promptly
- Recruit support and volunteers
- Utilize "Floor Captains" or "Block Captains" to disseminate information and support health & wellness efforts
- Identify groups settings and events to reach residents
- Attend, support and actively promote health at Community Events

### Partnering with Public Housing Authorities to Increase Resident Participation

- EFFECTIVE TOOLS FOR COMMUNICATING WITH PHA
- Solicit Buy-in & Support from CEO of PHA
- Attend PHA Meetings Regularly
- Reciprocal Board or Advisory Group Membership
- Attend Resident Council Meetings
- Provide Tangible Services: Flu Shots, screenings for diabetes, high blood pressure, etc.
- Establish MOU

- Say "Thank You"--Invite OHA staff to Health Center meetings, functions and activities
- Provide Positive "press" in eeports traditional or social media
- Address barriers
  - , e.g. PHA CEO and staff Turnover;
  - Space, transportation and other logistical issues
  - Regulation s and restriction son sharing resident data---PHAs can refer residents
  - Trust Issues—withing PHAs and with Health Care System in general
- Use traditional communication and social media--- Connect Home

### Outreach to Residents of Public Housing

- Assess Community Characteristics, Needs and Resources
- Assess Health Center Resources and Staff and Board Support
- Develop Outreach Plan
- Implement Outreach Plan
- Monitor and Measure Outcomes
- Review and Update

- Highlights:
  - Identify the Need and the Target Audience
  - Goals and Objectives
  - Identify, build and enhance Community Collaborations
  - Arrange logistics and Schedule
  - Develop and deliver training as needed
  - Assign existing staff or recruit new staff—include CHWs, Outreach Staff and integrate their roles with the entire Care Team
  - Involve CHWs or other peers as health role models, and "eyes and ears", health coaches, distribute and share information, make referrals

### Q&A



If you would like to ask the presenter a question, please submit it through the questions box on your control panel.



If you are dialed in through your telephone and would like to verbally ask the presenter a question, use the "raise hand" icon on your control panel and your line will be unmuted.



Partner with NCHPH and improve outcomes together

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