

# Addressing Tobacco Dependency to Reduce COVID-19 Risks and Complications Webinar Series

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Webinar 2



November 2, 2021

# Housekeeping

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- All participants muted upon entry
- Cameras on (if possible)
- Engage in chat
- Raise hand if you would like to unmute
- Meeting is being recorded
- Slides and recording link will be sent via email and posted on our NCHPH website

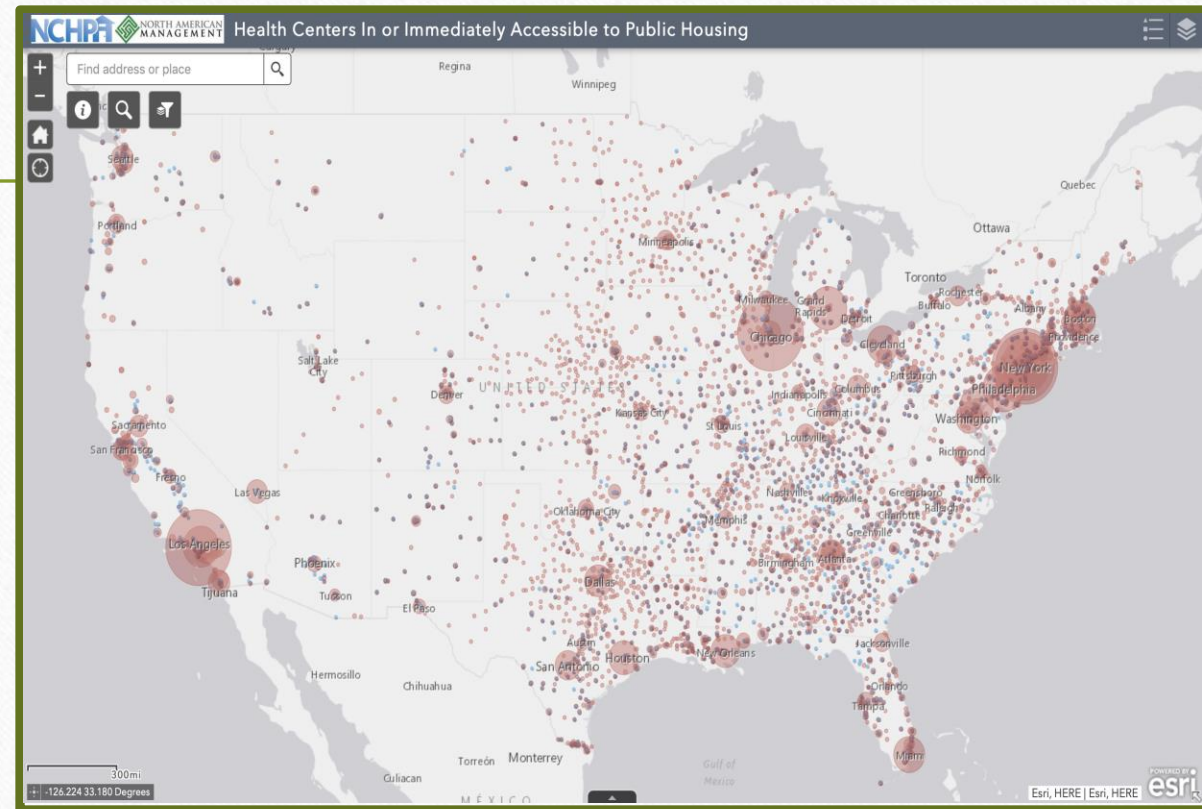
## National Center for Health in Public Housing

- The National Center for Health in Public Housing (NCHPH), a project of North American Management, is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U30CS09734, a National Training and Technical Assistance Partner (NTTAP) for \$2,006,400, and is 100% financed by this grant. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.
- The mission of the National Center for Health in Public Housing (NCHPH) is to strengthen the capacity of federally funded Public Housing Primary Care (PHPC) health centers and other health center grantees by providing training and a range of technical assistance.



## Health Centers close to Public Housing

- 1,375 Federally Qualified Health Centers (FQHC) = 28.5 million patients
- 435 FQHCs In or Immediately Accessible to Public Housing = 5.1 million patients
- 107 Public Housing Primary Care (PHPC) = 866,851 patients
- Source: [2020 National Health Center Data](#)



# Public Housing Demographics

## Public Housing Demographics:



1.7 Million  
Residents



2.1 Persons  
Per Household



33% Female Headed  
Household w/Children



55% Less than High  
School Diploma



43% African-  
American



25% Hispanic



37% Children



52% White



35% Elderly



38% Disabled

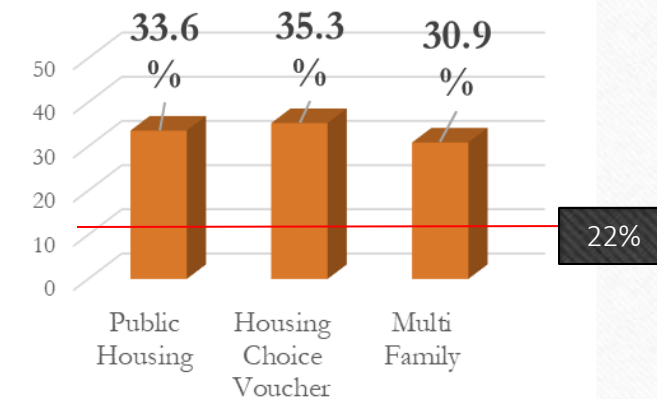


93% Low  
Income

# A Health Picture of HUD-Assisted Adults, 2006-2012

Adults in HUD-assisted housing have higher rates of chronic health conditions and are greater utilizers of health care than the general population.

**Adult Smokers with Housing Assistance**



Source: Helms VE, 2017

|                  | HUD-Assisted | Low-income renters | All Adults |
|------------------|--------------|--------------------|------------|
| Fair/Poor Health | 35.8%        | 24%                | 13.8%      |
| Overweight/Obese | 71%          | 60%                | 64%        |
| Disability       | 61%          | 42.8%              | 35.4%      |
| Diabetes         | 17.6%        | 8.8%               | 9.5%       |
| COPD             | 13.6%        | 8.4%               | 6.3%       |
| Asthma           | 16.3%        | 13.5%              | 8.7%       |

# PHPC COVID-19 by the Numbers as of Sept 10, 2021: Testing & Operations

## PUBLIC HOUSING PRIMARY CARE (PHPC) COVID-19 BY THE NUMBERS

SEPTEMBER 21, 2021

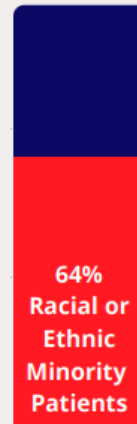
NUMBERS AS OF SEPTEMBER 10, 2021

NUMBER OF PHPC HEALTH CENTER RESPONDENTS=92(86% OF ALL PHPC HEALTH CENTERS)

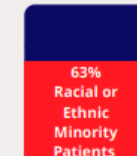
IN 2020, THERE WERE 107 PHPC HEALTH CENTERS SERVING 1,086,331 PATIENTS LIVING IN OR IMMEDIATELY ACCESSIBLE TO PUBLIC HOUSING.

### PHPC PATIENTS TESTED

70,725  
Total  
Tested



6,891  
Total  
Positive



### OPERATIONS:



HEALTH CENTER WEEKLY VISITS  
(VS. PRE COVID-19 WEEKLY VISITS)



PERCENT OF WEEKLY VISITS  
DONE VIRTUALLY

### TRENDS IN MOBILE VACCINE OPERATIONS:



PERCENT OF PHPC HEALTH CENTERS  
HOSTING MOBILE OR POP-UP EVENTS:  
50%

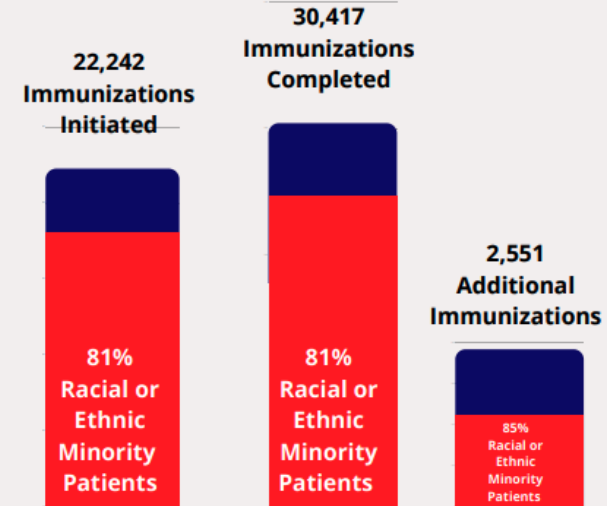
NUMBER OF POP-UP EVENTS  
244

NUMBER OF MOBILE VAN EVENTS  
106

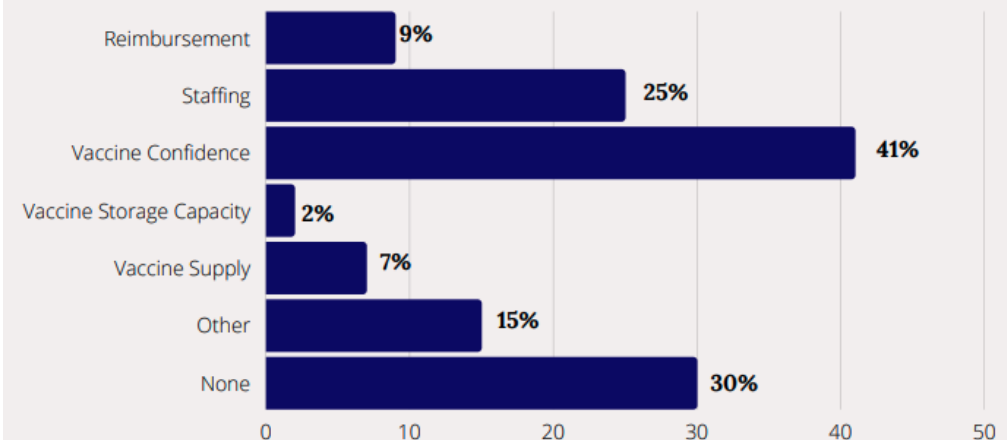
NUMBER OF SCHOOL-BASED EVENTS  
65

# PHPC COVID-19 by the Numbers as of Sept 10, 2021: Pts. Vaccinated and Challenges

## PHPC PATIENTS VACCINATED



## PHPC CHALLENGES IN OBTAINING COVID VACCINE:



# PHPC COVID-19 by the Numbers as of Sept 10, 2021: Monoclonal Antibody Therapy

## MONOCLONAL ANTIBODY THERAPY:

PERCENT OF PHPC HEALTH CENTERS  
PROVIDING MONOCLONAL ANTIBODY  
THERAPY  
47%

## METHODS IN PROVIDING ACCESS TO MONOCLONAL ANTIBODY THERAPY



DIRECT PROVISION OF MONOCLONAL  
ANTIBODY THERAPIES  
5%

REFER PATIENTS TO ANOTHER  
ORGANIZATION THAT PROVIDES  
MONOCLONAL ANTIBODY THERAPIES  
41%

NONE  
53%

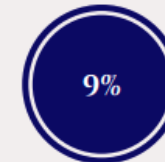
## CHALLENGES IN PROVIDING ACCESS TO MONOCLONAL ANTIBODY THERAPY



ACCESS TO THERAPEUTICS



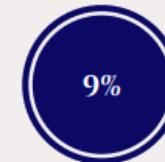
STAFFING CAPACITY



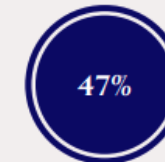
PATIENT  
AWARENESS/EDUCATION



THERAPY  
ADMINISTRATION/ON  
SITE LOGISTICS



OTHER



NONE

Disclaimer: This publication is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$2,006,400 with 0 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [hrsa.gov](https://www.hrsa.gov).

## Panelist(s)

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- **Frank Vitale**
  - National Director, Pharmacy Partnership for Tobacco Cessation
  - Clinical Assistant Professor, Purdue College of Pharmacy



# Covid and Smoking

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Part II  
Health Center Experience  
And  
Resources for Your Clinic

# Objectives

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*Upon successful completion of this activity*

*participants should be able to:*

- Understand how to deal with individuals who have relapsed back to smoking because of Covid
- Review each Center's experience with Covid and smoking to determine lessons learned
- Use the Smoking Cessation Leadership Center's *I COVID QUIT* program to create a cessation plan for your Center

# Covid and Relapse

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I started smoking again because.....

# I'm so Stressed!

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- Remember: smoking does not get rid of stress it causes it!
- Healthy ways to deal with stress:
  - Exercise
  - Meditation
  - Yoga (streaming or on-line)
  - Talk with friends (or get into a Zoom group)
  - Walk (Try to do at least 10,000/day)

# I can't go anywhere!

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- Devise a home workout routine
- Meet with small groups of neighbors
- Work in your garden
- Do home repairs
- Redecorate

# I'm lonely!

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- What kind of friend:
  - Ruins your health
  - Steals your money
  - Robs you of your self esteem.
- Start to reconnect with neighbors and friends in any way you can
  - Volunteer
  - Zoom/Face Time/Etc.
- Get a pet!

# I'm eating all day!

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- Remember: smoking does not turn your body into a fat burning machine!
- Increase intake of:
  - Fruits
  - Vegetables
- Decrease intake of:
  - Junk food
  - Fatty foods

# Someone I know got sick or died!

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- Remember: smoking does not get rid of depression it makes it worse
  - How does smoking help with the grief?
  - Are you punishing yourself??
  - Are you angry?
  - Should you seek help?

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What is the experience at your center?

# Smoking Cessation Leadership Center Toolkit

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- [ICOVIDQUIT\\_SMTToolkit.indd \(ucsf.edu\)](#)
- [iCovidQuit Campaign | Smoking Cessation Leadership Center \(ucsf.edu\)](#)

# American Lung Association Handout

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- [covid-tobacco.pdf \(lung.org\)](#)

# For Additional Information:

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Frank Vitale

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412 481-7767

# Q&A



If you would like to ask the presenter a question, please submit it through the questions box on your control panel or use the “raise hand” icon and your line will be unmuted.

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# THANK YOU!

