

# Improving Cultural Competency for Behavioral Health Professionals

Session 3: Investigating Culture in Behavioral Health

Dr. Kevin Lombardi MD, MPH



# Housekeeping

- All participants muted upon entry
- Engage in chat
- Raise hand if you would like to unmute
- Meeting is being recorded
- Slides and recording link will be sent via email



# National Center for Health in Public Housing (NCHPH)

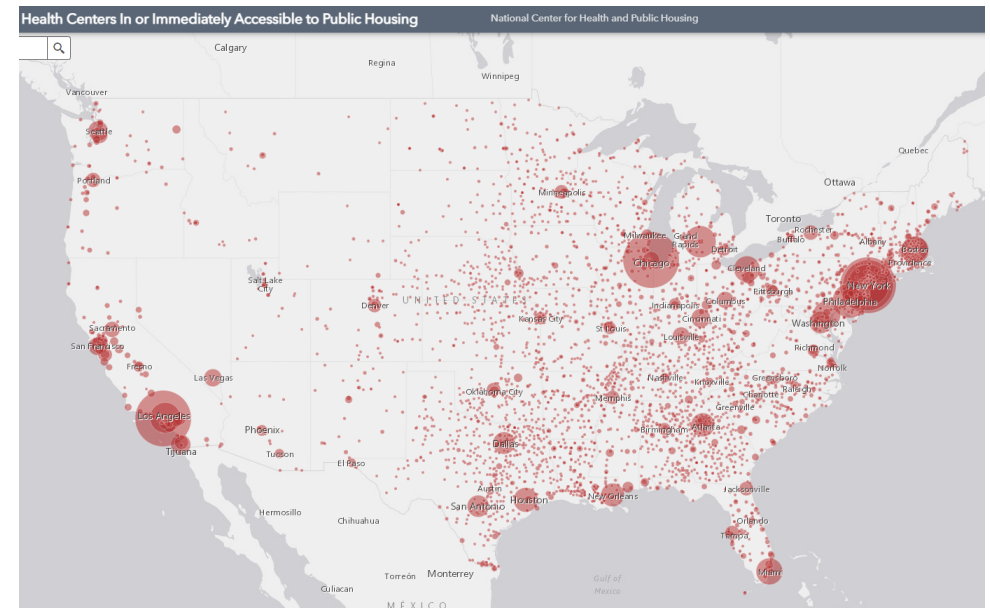
- The National Center for Health in Public Housing (NCHPH) is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U30CS09734, a National Training and Technical Assistance Partner (NTTAP) for \$2,006,400 and is 100% financed by this grant. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.
- The mission of the National Center for Health in Public Housing (NCHPH) is to strengthen the capacity of federally funded Public Housing Primary Care (PHPC) health centers and other health center grantees by providing training and a range of technical assistance.



# Health Centers Close to Public Housing

- 1,373 Federally Qualified Health Centers (FQHC) = **30 million patients**
- 458 FQHCs In or Immediately Accessible to Public Housing = **5.7 million patients**
- 108 Public Housing Primary Care (PHPC) = **911,683 patients**

Source: [2021 Health Center Data](#)



Source: [Health Centers in or Immediately Accessible to Public Housing Map](#)

# Public Housing Demographics



1.5 Million  
Residents



2 Persons  
Per Household



38% Disabled



52% White



91% Low  
Income



43% African-  
American



26% Latinx



19% Elderly



36% Children



32% Female Headed  
Households with  
Children

# Learning objectives

- Overview of screening tools for investigating culture in behavioral health.
- Review application of screening tools in both every day and difficult clinical encounters
- Review collaborative take-aways and high-yield topics for improving cultural competency in clinical practice.

## Session 2 Review

Investigating Culture in Behavioral Health

# New research and takeaways





## Special Article

**Cite this article:** Tay AK *et al* (2019). The culture, mental health and psychosocial wellbeing of Rohingya refugees: a systematic review. *Epidemiology and Psychiatric Sciences* 28, 489–494. <https://doi.org/10.1017/S2045796019000192>

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# The culture, mental health and psychosocial wellbeing of Rohingya refugees: a systematic review

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## Abstract

**Aims.** Despite the magnitude and protracted nature of the Rohingya refugee situation, there is limited information on the culture, mental health and psychosocial wellbeing of this group. This paper, drawing on a report commissioned by the United Nations High Commissioner for Refugees (UNHCR), aims to provide a comprehensive synthesis of the literature on mental health and psychosocial wellbeing of Rohingya refugees, including an examination of associated cultural factors. The ultimate objective is to assist humanitarian actors and agencies in providing culturally relevant Mental Health and Psychosocial Support (MHPSS) for

# Adapting culturally appropriate mental health screening tools for use among conflict-affected and other vulnerable adolescents in Nigeria

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**Background** The Boko Haram insurgency has brought turmoil and instability to Nigeria, generating a large number of internally displaced people and adding to the country's 17.5 million orphans and vulnerable children. Recently, steps have been taken to improve the mental healthcare infrastructure in Nigeria, including revamping national policies and initiating training of primary care providers in mental healthcare. In order for these efforts to succeed, they require means for community-based detection and linkage to care. A major gap preventing such efforts is the shortage of culturally appropriate, valid screening tools for identifying emotional and behavioral disorders among adolescents. In particular, studies have not conducted simultaneous validation of screening tools in multiple languages, to support screening and detection efforts in linguistically diverse populations. We aim to culturally adapt screening tools for emotional and behavioral disorders for use among adolescents in Nigeria, in order to facilitate future validation studies.

# Review of screening tools





# PRAPARE

Protocol for Responding to and Assessing  
Patients' Assets, Risks, and Experiences

**PRAPARE®: Protocol for Responding to and Assessing Patient Assets, Risks, and Experiences**  
**Paper Version of PRAPARE® for Implementation as of September 2, 2016**

**Personal Characteristics**

1. Are you Hispanic or Latino?

<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	I choose not to answer this question
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2. Which race(s) are you? Check all that apply

<input type="checkbox"/>	Asian	<input type="checkbox"/>	Native Hawaiian
<input type="checkbox"/>	Pacific Islander	<input type="checkbox"/>	Black/African American
<input type="checkbox"/>	White	<input type="checkbox"/>	American Indian/Alaskan Native
<input type="checkbox"/>	Other (please write):		
<input type="checkbox"/>	I choose not to answer this question		

3. At any point in the past 2 years, has season or migrant farm work been your or your family's main source of income?

8. Are you worried about losing your housing?

<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	I choose not to answer this question
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9. What address do you live at?

Street: \_\_\_\_\_

City, State, Zip code: \_\_\_\_\_

**Money & Resources**

10. What is the highest level of school that you have finished?

<input type="checkbox"/>	Less than high school degree	<input type="checkbox"/>	High school diploma or GED
<input type="checkbox"/>	More than high school degree	<input type="checkbox"/>	I choose not to answer this question

# Case Study

- “ 30-year-old female presents to the ED with complaints of chest pain and difficulty breathing. The patient appears diaphoretic and startled upon examination. She undergoes a complete medical assessment including physical exam and laboratory screenings (CBC, CHEM-12, drug screen, trop). Aside from some minor anemia, she has no medical issues. The care team discloses that the patient is a graduate student and has an upcoming exam. They are concerned for psychological sequelae so they send you to assess. ”

# Discussion

1. Understanding the cultural landscape of the community where you practice is an important element of effective clinical care. What are some ways you can become more familiar with this? In your daily life? In your professional life?
2. A culturally inclusive workplace supports and nurtures culturally appropriate practice. How can you support this at your institution?

# Next Session Announcement

- Module 4: Applying Culture Screening Tools
- **Wednesday, 11/16/2022 at 1:00 pm EDT**
- Reminder! Fill out our post-evaluation survey.



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Thank you!

