

Enhancing the Use of Clinical Preventative Services for Older Adults Learning Collaborative (Session 1 of 4)

National Center for Health in Public
Housing



National Center for Health in Public

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- The mission of the National Center for Health in Public Housing (NCHPH) is to strengthen the capacity of federally funded Public Housing Primary Care (PHPC) health centers and other health center grantees by providing training and a range of technical assistance.



Training and
Technical
Assistance



Research and
Evaluation



Outreach and
Collaboration

Increase access, quality of health care, and improve health outcomes

Speakers and Moderators



Kevin Lombardi MD, MPH
Director of Research



Fide Pineda Sandoval, CHES
Training and Technical
Assistance Manager

Housekeeping

- All participants muted upon entry
- Engage in chat
- Raise hand if you would like to unmute
- Meeting is being recorded
- Slides and recording link will be sent via email




Video Conference via

zoom

Learning Objectives




Identify key health related social needs that impact access to clinical preventive services.



Analyze the barriers faced by older adults in utilizing preventive care and propose actionable solutions.



Explore evidence-based strategies for improving preventive health services in public housing communities.



Discuss the role of healthcare providers, community organizations, and public health programs in enhancing access to preventive services.



Enhancing the Use of Clinical Preventative Services for Older Adults

Dr. Kevin Michael Lombardi MD, MPH

*Director of Research
The National Center for Health in Public Housing
North American Management*





Literature Review



Clinical case review



Epidemiology



Discussion



Findings and
recommendations



Implementation and
advising



Case Study: Preventative services in older adults

Mrs. Tiller is a 73 year old woman and resident of public housing who presents in your clinic for her 6-month wellness visit. The patient has a past medical history of:

- **Hypertension**
- **T2DM (6.6)**
- **Osteoporosis**
- **Hysterectomy (2009)**
- **Breast cancer (2006) post double mastectomy.**
- **Vitamin D deficiency**
- **Anemia (microcytic)**
- **Generalized Anxiety Disorder (GAD)**

The patient takes a total of 20 medications for these conditions. She has them listed on a piece of paper on her person that she says her daughter wrote for her.



Case Study: Preventative services in older adults

Mrs. Tiller undergoes a standard intake, which includes a a vitals check and a social needs screen. The results are as follows:

Today:

BP: 145/72

HR: 72

RR: 14

Last visit (2024):

BP: 136/68

HR: 70

RR; 14



Case Study: Preventative services in older adults

Appendix

WellRx Questionnaire

DOB _____ Male ___ Female _____

WellRx Questions

-
- 1. In the past 2 months, did you or others you live with eat smaller meals or skip meals because you didn't have money for food?
 Yes No
 - 2. Are you homeless or worried that you might be in the future?
 Yes No
 - 3. Do you have trouble paying for your utilities (gas, electricity, phone)?
 Yes No
 - 4. Do you have trouble finding or paying for a ride?
 Yes No
 - 5. Do you need daycare, or better daycare, for your kids?
 Yes No





Case Study: Preventative services in older adults

- _____ Yes _____ No
- 6. Are you unemployed or without regular income?
- _____ Yes No
- 7. Do you need help finding a better job?
- _____ Yes No
- 8. Do you need help getting more education?
- _____ Yes No
- 9. Are you concerned about someone in your home using drugs or alcohol?
- _____ Yes No
- 10. Do you feel unsafe in your daily life?
- Yes _____ No
- 11. Is anyone in your home threatening or abusing you?
- _____ Yes No

The WellRx Toolkit was developed by Janet Page-Reeves, PhD, and Molly Bleecker, MA, at the Office for Community Health at the University of New Mexico in Albuquerque. Copyright © 2014 University of New Mexico.

[Link: To Resource](#)



Preventative Services in older adults

Please take a moment to type your response to the following:

What is your assessment of Mrs. Tiller's social needs screen?

1. Do any issues require immediate attention?
1. Does this patient meet criteria for referral to social services?



Case Study: Preventative services in older adults

Mrs. Tiller's lab results indicate that she has **slightly elevated potassium, low sodium and elevated kidney markers** compared to her last visit.

When examined by her provider, Mrs. Tiller is noted to have to appear **weak**, uses a cane when walking, and her skin has a sunken, ashen appearance.

When asked to walk the hallway, she is noted to **watch her steps carefully** as she walks and uses her cane with her right hand. **Her hand was observed shaking slightly as she placed it under her weight.** Her breathing and heart rate are noted to be within baseline during and after the walk?

Preventative Services in older adults

Please take a moment to type your response to the following:

What is your assessment of Mrs. Tiller's condition in the following realms:

- 1. Preventative care**
- 2. Clinical condition**
- 3. Geriatrics concerns**



Case Study: Preventative services in older adults

Mrs. Tiller is questioned regarding her social needs screen and living situation, she discloses the following details:

- Mrs. Tiller lives alone in a one-bedroom apartment.
- Her adult daughter and son both live within 20 miles of her home. Two other children live in different areas of the country.
- She does not have a healthcare proxy or advanced directive of any type.
- She is active at her local church and public housing residents support group.
- Her daughter and neighbors often “help her” with her medications.

Preventative Services in older adults

Please take a moment to type your response to the following:

Considering Mrs. Tiller's condition, which preventative services will she require:

- 1. Clinical services**
- 2. Social and behavioral services**
- 3. Other services**

Preventative Services in older adults

Please take a moment to type your response to the following:

How could a Community Health Worker (CHW) assist in Mrs. Tiller's care?

Preventative Services in older adults

Please take a moment to type your response to the following:

How could Mrs. Tiller benefit from a home visit from a Social Worker?

Preventative Services in older adults

Please take a moment to type your response to the following:

How could a Community Nurse assist in Mrs. Tiller's care?

Q & A Session



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Visit our Website at [NCHPH.org](https://www.nchph.org)

- Access our latest publications, webinars, learning collaboratives and more!

The screenshot shows the NCHPH website homepage. At the top, the NCHPH logo is on the left, and the tagline "The National Center for Health in Public Housing" and "Enhancing Health Care Delivery for Residents of Public Housing" is in a blue bar. To the right is a search icon and social media icons for YouTube, Facebook, Twitter, LinkedIn, Instagram, and RSS. Below this is a navigation menu with links: HOME, FOCUS AREAS, RESEARCH & DATA, TRAINING & EVENTS, RESOURCE LIBRARY, ABOUT, and CONTACT US. The main content area features a large blue banner for the "2024 Public Housing Demographic Fact Sheet". Below the banner is a text box stating: "The National Center for Health in Public Housing (NCHPH) has released an updated fact sheet featuring the latest statistics on public housing residents. It includes data on general demographics, families with children, seniors, individuals with disabilities, income levels, and health status. To view/download the publication, click on the link below." Below this text is a button that says "Click Here to View/Download Publication". At the bottom of the page, there is a blue footer with the text "Welcome to The National Center for Health in Public Housing" and a "READ MORE" button.

Upcoming Trainings

Session 2 03/25/2025 at 1:00 pm EDT

Session 3 04/01/2025 at 1:00 pm EDT

Session 4 04/08/2025 at 1:00 pm EDT

Use the same link to join.



Contact Us

Robert Burns

Program Director
Bobburns@namgt.com

Jose Leon, M.D.

Manager of Clinical Quality
jose.leon@namgt.com

Kevin Lombardi, M.D., M.P.H.

Manager of Policy, Research, and Health
Promotion
Kevin.lombardi@namgt.com

Fide Pineda Sandoval, C.H.E.S.

Training and Technical Assistance Manager
Fide@namgt.com

Chantel Murray, M.A.

Manager of Communications
Cmoore@namgt.com

Please contact our team for Training and
Technical Support
703-812-8822

Olajumoke Oladipo, MPH

Health Communications and Research Analyst
Olajumoke@namgt.com



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Thank you!

