

Enhancing the Use of Clinical Preventative Services for Older Adults Learning Collaborative (Session 4 of 4)

National Center for Health in Public
Housing



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- The mission of the National Center for Health in Public Housing (NCHPH) is to strengthen the capacity of federally funded Public Housing Primary Care (PHPC) health centers and other health center grantees by providing training and a range of technical assistance.



Training and
Technical
Assistance



Data Analysis
and
Evaluation



Outreach and
Collaboration

Increase access, quality of health care, and improve health outcomes

Speakers and Moderators



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Housekeeping

- All participants muted upon entry
- Engage in chat
- Raise hand if you would like to unmute
- Meeting is being recorded
- Slides and recording link will be sent via email



Video Conference via

zoom

*Enhancing the Use of
Clinical Preventative
Services for Older Adults*

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*Director of Research
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North American Management*



1

**Outpatient
Clinic**

2

Home Visit

3

**Hospital
Admission**

4

**Post-discharge
planning**

1

**Outpatient
Clinic**

2

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**Post-discharge
planning**

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**Outpatient
Clinic**

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Home Visit

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**Hospital
Admission**

4

**Post-discharge
planning**



Case Study: Preventative services in older adults

Two weeks after Mrs. Tiller's home visit her Primary Care provider receives notification from a Physician at your local hospital's Emergency Department (ED). She provides the following updates:

- Mrs. Tiller was seen at the ED after she experienced a fall in her home.
- The fall occurred in her bathtub where she slipped, bumping her head and landing on her left hip.
- Diagnosis: Intertrochanteric hip fracture with internal rotation
- She did not lose consciousness.
- Her mental status was markedly reduced – she exhibited extreme confusion and agitation.



The following day a hospital admission note, and surgical consult note are available on your health system's shared medical record system.

The notes provide a range of details regarding Mrs. Tiller's post-surgical progress.

Operative Note

Preoperative Diagnosis: Right intertrochanteric femur fracture

Postoperative Diagnosis: Same as preoperative

Procedure: *Open reduction and internal fixation (ORIF) of right intertrochanteric femur fracture using a short cephalomedullary nail*

Anesthesia: *General endotracheal anesthesia*

The note continues as follows:

Indications:

The patient is a 73-year-old female who sustained a right intertrochanteric femur fracture following a ground-level fall. Imaging confirmed a displaced, unstable intertrochanteric fracture. Surgical fixation was recommended to restore mobility and alignment and reduce the risk of complications.

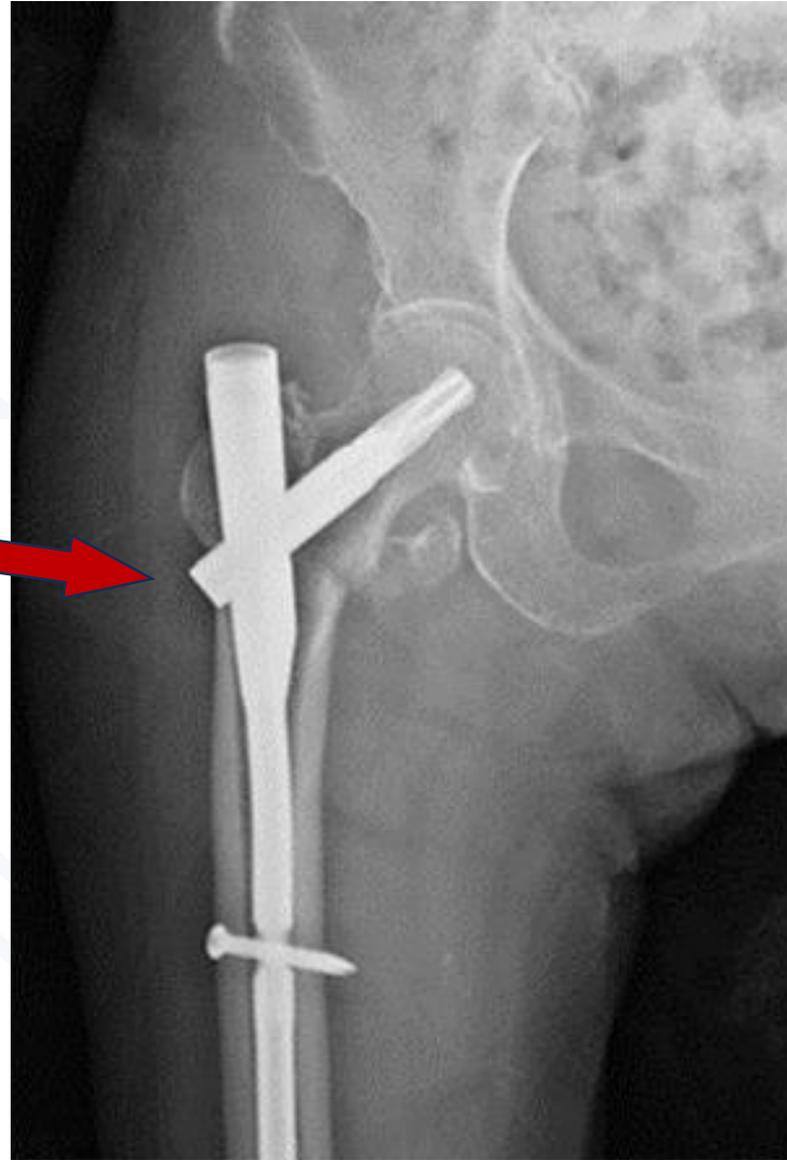
Estimated Blood Loss: 50 mL

Complications: None

Plan:

Postoperative pain management, early mobilization with physical therapy, and DVT prophylaxis. Follow-up in orthopedic clinic in 2 weeks.

**Intertrochanteric
fracture: post-fixation**



Preventative Services in older adults

Please take a moment to type your response to the following:

- 1. What post-surgical complications are Mrs. Tiller at risk of developing in the two weeks preceding her procedure?**
- 2. What types of preventative actions or services can help to reduce Mrs. Tiller's post-surgical morbidity and mortality risks?**



Post-Operative Progress Note

Procedure: ORIF of right intertrochanteric femur fracture with short cephalomedullary nail.

Subjective:

Patient reports mild incisional pain, well controlled with oral analgesics. No complaints of new numbness, swelling, or fever.



Case Study: Preventative services in older adults

Objective:

- Vitals stable. Surgical dressing clean, dry, and intact
- No signs of infection or drainage
- Neurovascularly intact distally (cap refill <2 sec, intact sensation and motor)
- Mobilized to chair with physical therapy this morning, tolerating well

Absorbable Staples
(entirely underneath the skin)



Surgery

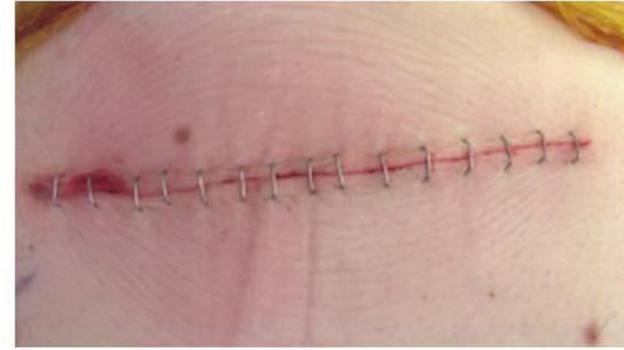


At
2 weeks



At
6 weeks

Metal Staples
(pierces through the skin)



Hip Replacement Surgery
(different patients)

[Link to source](#)



[Link to source](#)



[Link to source](#)



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Total Hip Replacement



[Link to source](#)

Preventative Services in older adults

Please take a moment to type your response to the following:

- 1. Is Mrs. Tiller at an increased risk of post-surgical infections?**
- 2. If so, which types of post-surgical infections is she at increased risk of developing?**



Assessment:

Doing well on POD#1 following ORIF of right intertrochanteric fracture. Pain controlled, incision site appropriate, ambulating with assistance.

Plan:

- Continue pain control (oral meds)
- Encourage mobility with PT
- Maintain DVT prophylaxis
- Monitor for signs of infection
- Discharge planning as early as POD#2 depending on mobility and support at home

Preventative Services in older adults

Please take a moment to type your response to the following:

You are the social worker preparing Mrs. Tiller's discharge from her rehabilitation facility home.

1. What preventative services should be arranged for Mrs. Tiller before her discharge?

Preventative Services in older adults

Please take a moment to type your response to the following:

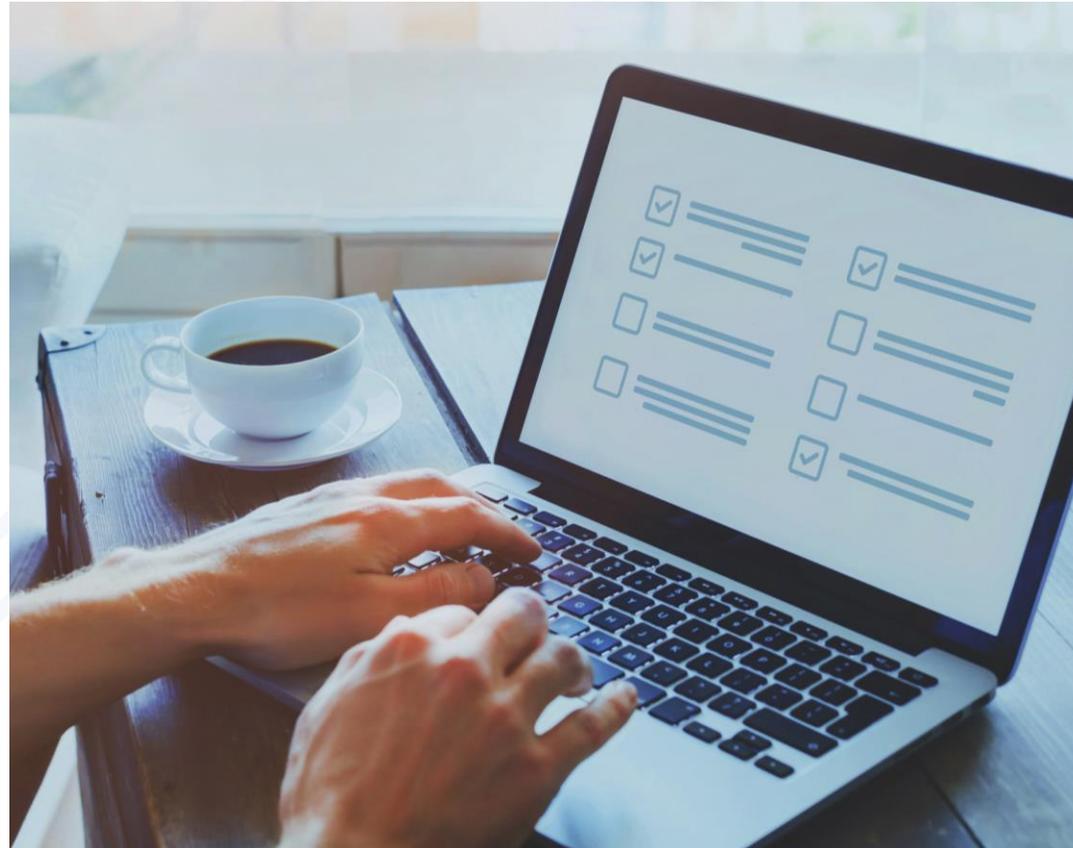
You are the CHW performing Mrs. Tiller's home visit.

1. When would you like to see Mrs. Tiller?
2. What are your priorities during the home visit?

Q & A Session



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National Center for Health in Public Housing

Thank you!

