

Enhancing the Use of Clinical Preventative Services for Older Adults Learning Collaborative (Session 3 of 4)

National Center for Health in Public
Housing



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- The mission of the National Center for Health in Public Housing (NCHPH) is to strengthen the capacity of federally funded Public Housing Primary Care (PHPC) health centers and other health center grantees by providing training and a range of technical assistance.



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Housekeeping

- All participants muted upon entry
- Engage in chat
- Raise hand if you would like to unmute
- Meeting is being recorded
- Slides and recording link will be sent via email



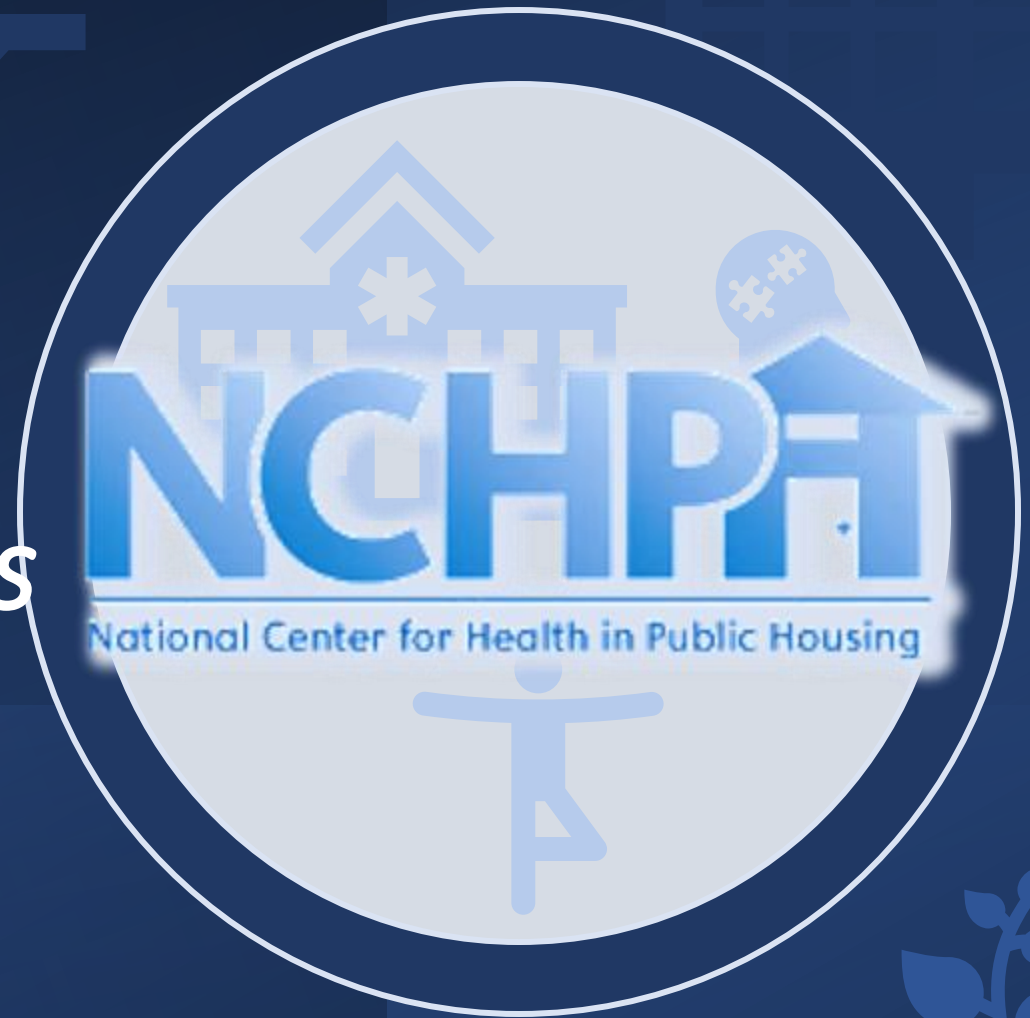
Video Conference via

zoom

Enhancing the Use of Clinical Preventative Services for Older Adults

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Literature Review



Clinical case review



Epidemiology



Discussion



**Findings and
recommendations**



**Implementation and
advising**





Case Study: Preventative services in older adults

Mrs. Tiller's provider refers her to their Health Center's Social Services Department.

The patient's Social Screen is reviewed by a Social Worker, who arranges for a Community Health Worker (CHW) to visit Mrs. Tiller at her home, to complete a home safety check and perform medication reconciliation.



Case Study: Preventative services in older adults

Mrs. Tiller's CHW enters the patient's home and start's her visit with her medication reconciliation, While sitting in Mrs. Tiller's Kitchen she performs the reconciliation and observes the following:

- Mrs. Tiller takes a total of 23 medications daily. This includes vitamins and supplements. All are prescribed by her physician.
- The medication list that Mrs. Tiller carries with her is not up to date, and omits several new antihypertensives she has been prescribed in the last year.
- She does not use a pill organizer.
- Her pill bottles are neatly organized.
- Mrs. Tiller is occasionally helped by her daughter and neighbors with her medications. She usually does this herself.

Preventative Services in older adults

Please take a moment to type your response to the following:

- 1. What concerns do you have from Mrs. Tiller's medication reconciliation?**
- 2. What are some ways that Mrs. Tiller's medication management can be improved?**



Case Study: Preventative services in older adults

Next the CHW performs a health check, and records Mrs. Tiller's vitals. She notices the following:

BP: 172/80

HR: 82

RR: 18

BGC: 180

Preventative Services in older adults

Please take a moment to type your response to the following:

1. What is your impression of Mrs. Tiller's vitals check?



Case Study: Preventative services in older adults

Mrs. Tiller's CHW next begins her home safety check. She walks through the patient's home checking her heating and cooling, her carbon monoxide and smoke detectors, assesses social isolation, food security and accessibility needs.

Her notes indicate the following:

- Mrs. Tiller lives in a Tidy one-bedroom apartment by herself.
- She is visited by neighbors twice per week, and her adult daughter or son once a month each, on average.
- She is active in several social groups with friends and neighbors.
- There is stale and spoiled food throughout her kitchen. No fruit or vegetables are present.



Case Study: Preventative services in older adults

Her notes indicate the following:

- Mrs. Tiller's apartment is tidy but cluttered with belongings. Her home includes several pieces of furniture which may fall, and there are several electrical chords, floor transitions and carpets that she may trip on.
- She is afraid of falling while navigating in her home.
- Chemical detectors all lack batteries and are not functioning.
- Her bathroom is small and crowded, without any disability or accessibility features.
- There are exposed wires in the 6-step staircase leading to her apartment.
- There are no steps in her home.

Preventative Services in older adults

Please take a moment to type your response to the following:

- 1. What recommendations do you have for improving safety in Mrs. Tiller's home?**



Case Study: Preventative services in older adults

Mrs. Tiller's CHW arranges for a host of services to meet Mrs. Tiller's home safety and medication reconciliation needs these include the following:

- Meals on Wheels to provide meals Monday-Friday (one meal per day), and frozen emergency meal kits.
- The CHW corrects Mrs. Tiller's home hazards, including mobility equipment for her bathroom and walker-friendly surfaces.
- Immediate medication reconciliation and organization for the next two calendar weeks.
- Pharmacy reconciliation.
- Mrs. Tiller's adult daughter is trained via phone to perform her mother's medication reconciliation every Sunday

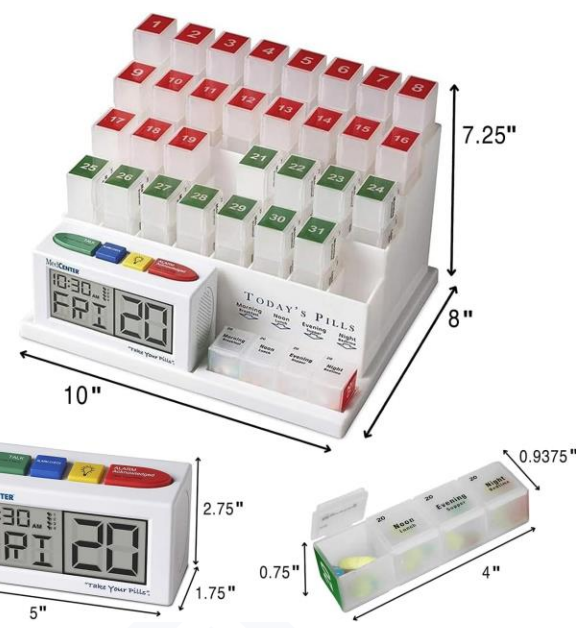


Case Study: Preventative services in older adults



AUVON iMedassist Moisture-Proof Weekly Pill Organizer

[Link to product](#)



FSA HSA Eligible Monthly Pill Organizer

[Link to product](#)



Case Study: Preventative services in older adults



Sukuos Large Weekly Pill Organizer

[Link to product](#)



Medca Weekly Pill Organizer,

[Link to product](#)



Case Study: Preventative services in older adults

Two weeks after Mrs. Tiller's home visit her Primary Care provider receives notification from a Physician at your local hospital's Emergency Department (ED). She provides the following updates:

- Mrs. Tiller was seen at the ED after she experienced a fall in her home.
- The fall occurred in her bathtub where she slipped, bumping her head and landing on her left hip.
- Diagnosis: Intertrochanteric hip fracture with internal rotation
- She did not lose consciousness.
- Her mental status was markedly reduced – she exhibited extreme confusion and agitation.

Preventative Services in older adults

Please take a moment to type your response to the following:

- 1. What is your impression of Mrs. Tiller's injury?**
- 2. How was her risk of injury impacted by her medical history and chronic disease states?**

Preventative Services in older adults

Please take a moment to type your response to the following:

- 1. What preventive steps could have been taken to reduce the chance of this injury?**



Intracapsular fracture



Intracapsular fracture

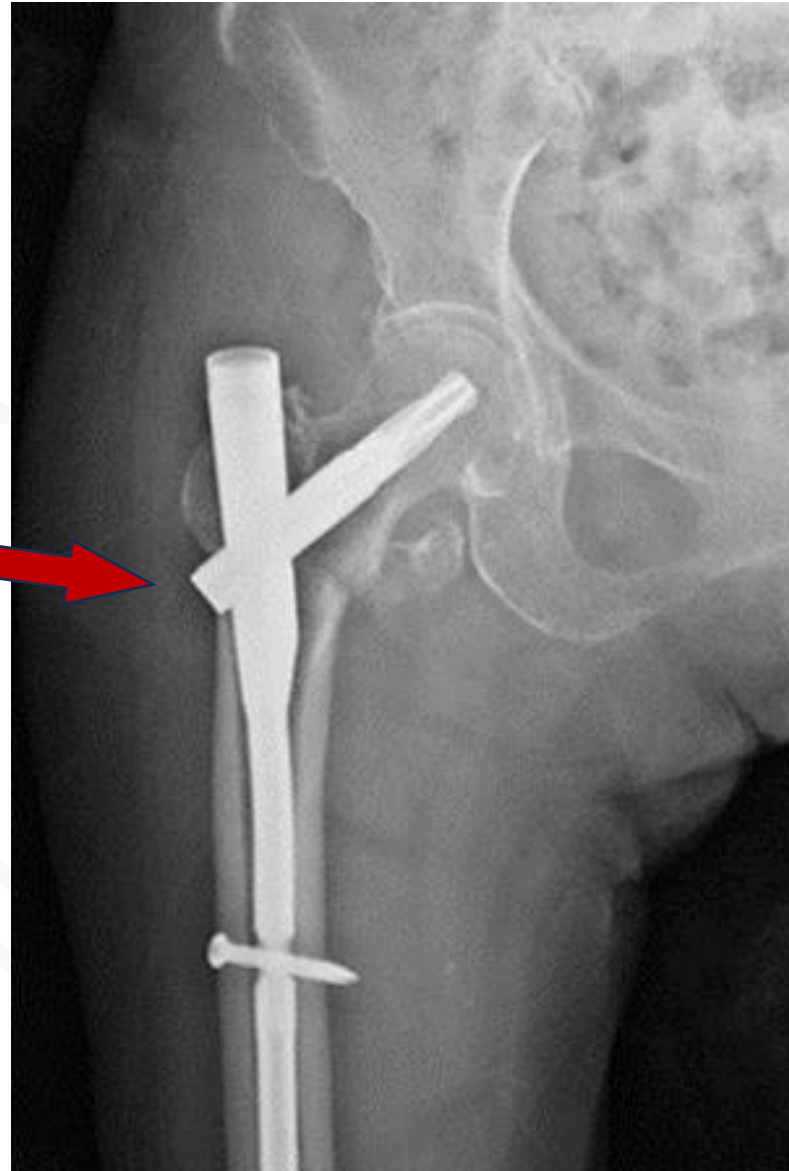




**Intertrochanteric
fracture**



**Intertrochanteric
fracture: post-fixation**



Q & A Session



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Upcoming Trainings

Session 4 04/08/2025 at 1:00
pm EDT

Use the same link to join.



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Thank you!